

Thank you for your interest in the Quit Tobacco Program. The following agreement is made between you and the Health District of Northern Larimer County.

**The Client agrees to:**

- a. Attend all sessions. Studies show that participating in counseling along with the use of nicotine replacement therapy (nicotine gum, patches, or lozenges) or medications (Zyban or Chantix) greatly increases the chance of successfully quitting tobacco.
- b. Call 24 hours in advance to cancel or reschedule a session. Cancelling or rescheduling three times can result in termination of remaining sessions and free nicotine replacement. We allow two no-shows. A client can re-enroll six months after the last scheduled appointment. Our policy regarding cancellations, reschedules and no shows is available upon request.
- c. Respond to the follow-up survey (clients will be contacted via phone, USPS or email) from the Health District 6-7 months after enrolling in the program. Client feedback helps us to improve our program, and we value input from clients.

**The Health District agrees to:**

- a. Provide nicotine replacement therapy free of charge during the six-session program for 90 days from the first date of disbursement. If nicotine replacement is not deemed appropriate for the client, we have the right to require a health-care provider's written approval before we can provide nicotine replacement to the client.
- b. Offer two free follow-up sessions after a client completes the six-session program. Clients may also choose to receive an additional four sessions to continue their treatment plan. After 90 days, nicotine replacement may be provided to the client as appropriate with additional sessions.

Client signature \_\_\_\_\_

Date \_\_\_\_\_