

STRATEGIC PLAN 2024

6-Month Progress Report October 2024 - April 2025 Published June 2025

ACKNOWLEDGEMENTS

We would like to thank the following individuals and organizations for being part of the Mental Health & Substance Use Alliance and participating in the strategic planning process:

LIVED/LIVING EXPERTS (See Glossary of Terms)

- Geena Rupp
- Karen Morgan
- Lucrecia Medrano
- Bryan Sutherland

Laurie Klith THE CENTER FOR FAMILY OUTREACH

Laura Walker & Amy Martonis LARIMER COUNTY BEHAVIORAL HEALTH SERVICES

Kory Scheideman & Daphne Heugerich UCHEALTH

Liane Jollon, Tonya Kron, & Usha Udupa THE HEALTH DISTRICT OF NORTHERN LARIMER COUNTY

Whitney Bennett-Clear & Liz Davis POUDRE SCHOOL DISTRICT

Silen Wellington YARROW COLLECTIVE

Reni Moreno FOOTHILLS GATEWAY

Beth Yonce CITY OF FORT COLLINS

Christopher Leck COLORADO STATE UNIVERSITY HEALTH NETWORK

Sandra Wright HOMEWARD ALLIANCE

Michele Christensen HOUSING CATALYST

Christina Taylor & Liz Means EARLY CHILDHOOD COUNCIL OF LARIMER COUNTY

MJ Jorgensen NORTH COLORADO HEALTH ALLIANCE

Emily Humphrey LARIMER COUNTY COMMUNITY JUSTICE ALTERNATIVES

Staci Shaffer & Kandace Wulfurt LARIMER COUNTY SHERIFF'S OFFICE, JAIL DIVISION

Kim Moeller & Rachel Olsen-Towlen ALLIANCE FOR SUICIDE PREVENTION

Jared Olson & Nina Wickens-Bhowmik LARIMER COUNTY DEPARTMENT OF HEALTH & ENVIRONMENT

Robert Axmacher EIGHTH JUDICIAL DISTRICT

Ariana Friedlander ROSABELLA CONSULTING

The Mental Health and Substance Use Alliance ("MHSU Alliance", or "the Alliance") is facilitated and supported by the Community Impact Team with the Health District of Northern Larimer County. To learn more, please visit www.healthdistrict.org.

The 2024 Strategic Plan 6-Month Progress Report was prepared by Hannah Groves, Shelley Marie, Alyson Williams, and others at the Health District of Northern Larimer County who support the Alliance. The contents of the Strategic Plan Progress Report are the result of time and effort by Alliance Members from October 2024 – April 2025.



OF NORTHERN LARIMER COUNTY

All photos and images in the document are from Health District archives, unless otherwise credited. Icons used are sourced from FlatIcon.com, unless otherwise attributed. This report was inspired by the process, reports, and resources produced by the Healthy By Design Coalition in Yellowstone County, Montana.

TABLE OF CONTENTS

| Six-Month Progress Report Summary | |
|---|----|
| Glossary of Terms | 8 |
| Alliance Overview | 10 |
| Strategic Plan Overview | 12 |
| Alliance Staff Strategy | 15 |
| Coordination of Care | 16 |
| Promoting Behavioral Health through Nonclinical Methods | 17 |
| Data Infrastructure | 18 |
| Clinical Systems + Infrastructure | 19 |
| What's Next: Strategy Development & Alliance Recruitment | 20 |
| Attachments Attachment A: Strategy Work Plan Template Attachment B: Workgroup & Strategy Development Proposal | |

SUMMARY OF THE PAST 6 MONTHS

Since the 2024 Strategic Plan was published and released in October 2024, the Alliance is celebrating the following achievements:

New Steering Committee Adopted & Onboarded



- Over the past six months, we invited individuals in the community to apply for the new Steering Committee. In February 2025, the new Members were officially selected. You can find more information about these Members on the next page.
- To support the new Steering Committee, Alliance Staff onboarded each Member. We're also hosting a retreat in June to strengthen collective leadership and team connection.

Workgroup & Strategy Development Underway



- The Alliance is ready for action! We are moving forward with workgroups to develop strategies that are locally-informed.
- In April 2025, the Steering Committee approved "Promoting Behavioral Health through Nonclinical Methods" as the first workgroup to kick off. The rest of the workgroups, including Policy, are next.

Developing Communications Infrastructure



- A big part of keeping the Alliance running smoothly is communication. Alliance Staff are working behind the scenes to upgrade our communication channels, primarily focused on creating an email newsletter.
- For now, please continue to share information, community events, and other opportunities with Alliance Staff by emailing your news to **CIT@healthdistrict.org.**



Ongoing Outreach, Recruitment, & Partnership

- In 2024, the Alliance shifted to an open structure, welcoming anyone in the community. As a result, outreach, recruitment, and onboarding have become a priority.
- Anyone can join the Alliance by filling out the form at this link: <u>bit.ly/JoinTheMHSUAlliance</u>. Alliance Staff will follow up to welcome new Members and share onboarding materials.

Get Involved, Stay Informed, Join a Workgroup

We'd love your help! We're inviting community members to join the Alliance and participate in our workgroups. No expertise required—just your interest and unique perspective. Want to stay informed? Become an Alliance Member to get our latest updates and newsletters.

Get involved by emailing us at CIT@healthdistrict.org or filling out our interest form: bit.ly/JoinTheMHSUAlliance.

Everyone is welcome! Your voice matters in making Larimer County's behavioral health system stronger.

MEET THE NEW ALLIANCE STEERING COMMITTEE

The Steering Committee consists of community members and organizational representatives who are passionate about the Alliance's vision and values and dedicated to community collaboration. The Steering Committee is the decision-making body of the Alliance.

Please join us in welcoming the following individuals and organizations as they provide collective leadership and drive progress on our Strategic Plan:

LIVED/LIVING EXPERTS (See Glossary of Terms)

- Kristy Brewbaker
- Isabel Serafin
- Bryan Sutherland

Whitney Bennett-Clear, Kelly Glick, & Shayna Seitchek POUDRE SCHOOL DISTRICT

Mia Campbell YARROW COLLECTIVE

Cyndi Dodds SUMMITSTONE HEALTH PARTNERS

Emily Drake BRIDGES OF COLORADO

Andre Dunn & Christinia Eala TIYOSPAYE WINYAN MAKA

Daphne Heugerich UCHEALTH BEHAVIORAL HEALTH

Emily Humphrey LARIMER COUNTY COMMUNITY JUSTICE ALTERNATIVES

Shannon Jenkins THOMPSON SCHOOL DISTRICT

Liane Jollon THE HEALTH DISTRICT OF NORTHERN LARIMER COUNTY

MJ Jorgensen NORTH COLORADO HEALTH ALLIANCE

Amy Martonis LARIMER COUNTY BEHAVIORAL HEALTH SERVICES

Rachel Olsen-Towlen ALLIANCE FOR SUICIDE PREVENTION

Carri Ratazzi HOUSING CATALYST



The collaborative mural above has been highlighted as a creative activity at several events, including the MHSU Alliance Strategic Plan Release Party in October 2024 and the Spring Teen Self-Care Fair in April 2025.

WORKGROUP UPDATES

The Alliance has identified four key focus areas, alongside Policy, to enhance behavioral health in Larimer County. We will form workgroups to develop localized strategies for each area:

Promoting Behavioral Health through Nonclinical Methods: This is the first workgroup approved to convene by the Steering Committee. This group will kick off in June/July with support from Alliance Staff.

Policy: This continues to be a standing workgroup of the Alliance and will start meeting in August/September to prepare for the upcoming Colorado legislative session.

Coordination of Care: Planning and recruitment for this workgroup are ongoing, with the goal of launching in the fall.

The **Data Infrastructure** and **Clinical Systems + Infrastructure** workgroups are planned to be launched by the end of this year.

ALLIANCE STAFF STRATEGY UPDATES

The Alliance Staff Strategy is focused on working together, supporting efforts, staying aligned, and keeping an eye on what the community needs. You can find more details on page 14. Here's a quick update on what we've been working on:

Supporting the Alliance: Right now, Alliance Staff are mainly focused on keeping things running smoothly. This includes organizing meetings, sending updates, and helping recruit and onboard new Members. With the Strategic Plan and Steering Committee in place, this will remain a big part of our work moving forward.

Building Skills and Capacity: We've teamed up with a Colorado-based group to help us improve how we work together as a collective. They will help Alliance Staff with planning and strategy to ensure current and future efforts align with best practices in collaboration.

Tracking Community Needs: We're keeping a close eye on changes in funding and priorities, both locally and nationally, to make sure the Alliance stays adaptable and well-supported.

Re-establishing Policy Workgroup: We've prioritized the Policy workgroup based on strong Member interest. Staff will help get it started this summer to continue our efforts in shaping supportive policies.

Building Relationships: We're constantly meeting new partners, joining local events, and strengthening community connections to keep behavioral health a shared priority across Larimer County.

MEMBER UPDATES

As Alliance Members are dedicated community collaborators, some advancements related to Alliance priorities may happen outside of or in partnership with Alliance activities. Our Members wanted to report the following updates from their own work:

Larimer County Behavioral Health Services (BHS) is preparing to launch a multi-year funding codesign process aimed at supporting longer-term, strategic community investments beginning in 2026, in addition to continuing the annual Impact Fund grant program. The priority areas identified in the Alliance's Strategic Plan, along with the Community Master Plan for Behavioral Health, will serve as key guides for this work. BHS will be partnering with Corona Insights to lead engagement efforts that will inform the development of the funding framework and evaluation planning. There will be opportunities for the Alliance to be directly involved as this process gets underway.

The <u>Health District of Northern Larimer County</u>, <u>SummitStone Health Partners</u>, and the <u>Poudre</u> <u>School District</u> have collaborated to improve behavioral health referrals for students. These three entities worked together to create a singular front door for health service referrals, streamlining the process for school staff and service providers.

The Larimer Integrated Network of Care (LINC) Data Project, comprised of several Alliance Members, is working to improve behavioral health services in Larimer County by enhancing data integration and collaboration among local agencies. The project aims to create a centralized system that connects healthcare providers, government entities, and community organizations, enabling more efficient care coordination for individuals in need. The initiative will streamline data sharing, reduce gaps in services, and ultimately strengthen the county's behavioral health system, with a focus on improving outcomes for residents.

In April 2024, community organizations and individuals with lived experience participated in a <u>Sequential Intercept Model</u> (SIM) workshop for Larimer County. The workshop aimed to map out how local resources can better support individuals with mental health and substance use challenges who interact with or navigate the criminal justice system. Several Alliance Members planned and took part in the event to help guide the process, which will culminate in a final report detailing priorities and action plans. This report will be shared with the Alliance once it is completed.

The North Colorado Health Alliance and the Thompson School District have collaborated to improve behavioral health referrals for students with co-location of care coordination services on campus.

The North Colorado Health Alliance in partnership with NoCO CAReS launched the pilot Peer Recovery Leadership Program in March 2025. This program brings together 15 people with lived and living experience to engage in a cohort style development program and is designed to provide professional development for individuals in the Peer workforce. Participants gain valuable leadership skills through a competency-based framework. The program includes a series of workshops over a period of 6 months surrounding topics such as advocacy, communications, high impact leadership, systems change, and more.

GLOSSARY OF TERMS

We like to be clear about what we mean when we use certain terms. Below is a list that provides definitions of terms used throughout the Strategic Plan. This list is not all-inclusive, so if there's confusion on something, reach out to Alliance Staff at <u>CIT@healthdistrict.org</u>.

Behavioral Health: An umbrella term for all "the emotions and behaviors that affect your overall well-being", which can include mental health challenges, diagnoses, or other struggles including substance use/misuse/disorders. (Source: <u>Centers for Medicare & Medicaid Services</u>)

Behavioral Health Administrative Service Organizations (BHASO): Slated for 2025, BHASOs will "establish, administer, and maintain regional networks of behavioral health care providers that serve people across Colorado." (Source: <u>Colorado Behavioral Health Administration, 2024</u>)

Care Coordination: The organization of a patient's care across multiple health care providers. Note this refers to services provided to an individual. (Source: <u>Centers for Medicare and Medicaid</u>)

Coordination of Care: The organization of a patient's care across multiple healthcare providers to ensure that patient needs are met and high-quality care is delivered. This requires multiple service providers to work together and is conducted at a systems-level. This is often used interchangeably with "care coordination" but for the purposes of the Strategic Plan, we are defining them separately. (Source: Agency for Healthcare Research & Quality)

Crisis Continuum: Also referred to as a "behavioral health crisis system". Both terms refer to "an organized set of structures, processes and services that are in place to meet all the urgent and emergent behavioral health crisis needs of a defined population in a community, as soon as possible and for as long as necessary". (Source: <u>Crisis Roadmap</u>)

Interoperable: The ability of different information systems to work together and share information. (Source: Colorado Health Institute & The Office of Health Information Exchange, 2021)

GLOSSARY OF TERMS, CONTINUED

Lived & Living Experts: Also called "people with lived & living experience", these are individuals in the community who identify as having direct experience with mental health, substance use, or other behavioral health struggles and/or triumphs and are engaging with the Alliance outside of an organization. In other words, they are participating on their own time. These individuals have interacted with behavioral health systems, treatment, or resources as clients/patients seeking services.

Peer/Peer Support/Peer Work: A "peer" refers to someone who shares lived and/or living experience with another person and can guide or walk with them as they navigate their lives, including specific challenges with behavioral health. For more/different perspectives, please refer to some of our Members who provide peer services in Larimer County:

- The Yarrow Collective
- North Colorado Health Alliance

Regional Accountability Entity (RAE): Organizations that coordinate the health care of Health First Colorado (Colorado's Medicaid program) members. (Source: <u>Colorado Health Institute</u>)

Social-Emotional Screening: Social-emotional screening is an applied method for detecting and monitoring signals that indicate whether a young child may be delayed in aspects of socialemotional development, such as communication, autonomy, affect, and interaction with people. (Source: <u>Ages and Stages</u>)

Recovery: A process of change that helps people improve their health and/or well-being. (Source: <u>SAMHSA</u>) Every person in recovery has unique goals and sources of truth and healing. Please note that recovery may or may *not* include abstinence from substances or other behaviors. The path of recovery is up to the individual!

Wraparound Support (or Services): This term refers to a holistic, patient-centered approach to providing support to an individual with behavioral health challenges, ensuring support and continued care in and out of clinical spaces. Wraparound services can include case management, counseling, medical care and health services, family services, social work, housing assistance, and dietitian assistance. (Sources: Rural Health Information Hub, National Wraparound Initiative)

ALLIANCE OVERVIEW

The Mental Health and Substance Use Alliance ("MHSU Alliance" or "the Alliance") is an unincorporated nonprofit association comprised of individuals and organizations in Larimer County, Colorado who are dedicated to improving behavioral health care.



The Alliance was founded in 1999, meaning we are celebrating 25 years of collaboration in 2024!

In 2024, Alliance Members worked together to update the collective vision and values for the group to better guide our future work and be reflective of the changing community landscape. Our vision and values are our north star and may continue to change as the Alliance evolves.

MHSU Alliance Vision

Behavioral health is holistic, affirming, valued, and resourced as an essential aspect of wholeperson health.

MHSU Alliance Values

Sustainable Change and Improvement: We make a real difference through our work by finding and using strategies that bring lasting, positive change. We focus on accountability, affordability, and the involvement of lived/living expertise to ensure equity, sustainability, and effectiveness.

Whole-Person Health: Behavioral health is an integral and essential component of health. We support people in ways that respect and embrace their whole selves, including their culture and identities, so they can reach the level of health and wellbeing that they desire.

Lived & Living Expertise: We value the direct involvement and input of people with lived/living expertise in everything we do. We see all people as complete individuals. We're against thinking of "us vs. them" and are learning to address our own biases and discomfort with difficult subjects.

Health Equity Within and Across Systems: Health should not be compromised or disadvantaged because of an individual or population group's identity(ies) including but not limited to race, ethnicity, gender expression or identity, income, ability, sexual orientation, neighborhood, etc. We work together to reduce and eliminate inequities and differences in health outcomes. This means adapting systems so that providers in behavioral health take responsibility for addressing equity individually and collectively.

Open-Mindedness & Respect: We actively seek out diverse perspectives, ideas, and expertise. We strive to recognize and address our biases, promote inclusivity, and work to understand, respect, and accept differences. We lean into uncomfortable and/or difficult discussions and actively work to repair any harm.

ALLIANCE OVERVIEW, CONTINUED

The Alliance adopted structural changes to ensure effective use of Members' time and set the Alliance up for successful implementation of the 2024 Strategic Plan by building a strong and flexible infrastructure.

MHSU Alliance Structure



In addition to the groups above, the **Alliance Staff** are also a key element to the Alliance's structure. Alliance Staff provide administrative and operational support for the Alliance. This includes helping the Alliance Members perform their duties, supporting progress on the Strategic Plan (including tracking, measuring, and communicating progress).

For questions on Alliance structure, or to join the Alliance please email <u>CIT@healthdistrict.org</u>.

STRATEGIC PLAN OVERVIEW

The Mental Health and Substance Use Alliance collaboratively developed the 2024 Strategic Plan with the guidance and support from Alliance Staff and a paid consultant from January – September 2024.

The 2024 Strategic Plan aims to improve behavioral health care in Larimer County, Colorado in alignment with the Alliance's vision and values, available national, state, and local data, and in accordance with the guidance of the Alliance Steering Committee.

The purpose of the 2024 Strategic Plan is to develop, track, and communicate specific, actionable, and locally-driven strategies and initiatives to improve behavioral health and to establish measurable goals and objectives for improvement.

The plan incorporates various factors influencing behavioral health, including an emphasis on opportunities to improve services and access for populations or groups in Fort Collins who have been excluded from and/or underserved by behavioral health systems.

Strategic Plans can look very different depending on the context. We have developed a guide below to help clarify what the Alliance Strategic Plan **is** and **is not**.

| The MHSU Alliance Strategic Plan IS | The MHSU Alliance Strategic Plan IS NOT |
|--|---|
| A living document; the Strategic Plan can and will change as our community continues to learn and grow together around behavioral health efforts. Processes for this are still being defined. A template for future work plans and progress on specific strategies and initiatives. A communication tool for updates to Alliance Members and the broader community. An invitation to any individual or organization/entity who wants to help improve behavioral health in Larimer County. | A static report that will sit on a shelf. The only effort to address or improve behavioral health, mental health, and/or substance use in the community. There are many wonderful groups and partners who are also working on this issue. Perfect, complete, or all encompassing of all the needs, gaps, and opportunities for behavioral health care in Larimer County and/or Colorado. |
| Collaborative and consensus-based. | |

STRATEGIC PLANNING DEVELOPMENT

The Alliance started the strategic planning process in January 2024.

Over eight months, the Alliance achieved the following steps to co-create a Strategic Plan:

- Reconvened the Alliance after a hiatus and transitions due to the COVID-19 pandemic
- Set priorities based on local frameworks and recommendations
- Updated the Alliance's collective vision and values
- Formed a Workgroup to propose recommendations for structural change
- Used data packets to dive into available evidence related to priorities

In August 2024, the Alliance met for a consensus-based process to select themes that will be further refined into locally-tailored strategies throughout the rest of 2024 and beginning of 2025.

The seven proposed themes were: Early

Childhood Innovations; Coordination of Care; Data Infrastructure; Clinical Systems + Infrastructure; Promoting Behavioral Health through Nonclinical Methods; Behavioral Health Across the Criminal Justice Continuum; and Stigma Reduction.

The four themes adopted by consensus in August are:

- 1. Coordination of Care
- 2. Promoting Behavioral Health through Nonclinical Methods
- 3. Data Infrastructure
- 4. Clinical Systems + Infrastructure

The four selected themes are reflected in this Strategic Plan and will be the focus of the Alliance's work through December 2025. More details on these themes are found on pages 12-15.

The themes adopted for the Strategic Plan meet the following criteria:



*During the summer of 2024, MHSU Alliance Staff developed Youth- and Adult-Focused Data Packets, which summarize available national, state, and local data related to priorities identified by Alliance Members in April 2024. For more on these data packets, contact CIT@healthdistrict.org.

mhsu alliance of larimer county -

2024 STRATEGIC PLAN

| Vision | Behavioral health is holistic, affirming, valued, and resourced as an essential aspect of whole-person health. | | | | |
|--|---|--|--|--|--|
| Values (Our Drivers) | Sustainable Change and Improvement Whole-Person Health Lived & Living Expertise Health Equity Within and Across Systems Open-Mindedness & Respect | | | | |
| Overall Goal | To be developed. Alliance Members will inform the Overall Goal as part of this year's work. | | | | |
| Priorities (Evidence-Informed Opportunities) | | | | | |
| Themes (Focused Areas to Address Priorities) | Coordination of Care Data Infrastructure Clinical Systems + Infrastructure Promoting Behavioral Health through Nonclinical Methods | | | | |
| StrategiesTo be developed. We need your help to figure out what specific, actionable, and locally-tailored strategies will work for our community.Join the Alliance to inform future strategies! | | | | | |
| Alliance Priorities:Youth-Focused Programs, Adult-Focused Programs, Underserved Communities, Care Coordination, Community Education & AwarenessPromoting Behavioral Health through Nonclinical MethodsData InfrastructureClinical Systems + InfrastructureCoordination of Care | | | | | |
| Strategies TBD | | | | | |
| MHSU Alliance Staff Strategy Collaboration, Alignment, Implementation, and Emerging Needs | | | | | |

ALLIANCE STAFF STRATEGY

The role of the Alliance Staff is to provide administrative and operational support for the collaborative efforts needed to make progress on the Strategic Plan and Alliance functions and activities.

The Alliance Staff role includes convening and facilitating Steering Committee meetings, helping to organize and coordinate Workgroup efforts, and providing operational and administrative support, such as consistent and clear communication about Alliance activities.

The Alliance Staff Strategy includes the commitments outlined below:

Ensure Collaboration and communication between Alliance members and other community-based efforts. **Promote Alignment** between Alliance strategies/activities and other collaborative groups and efforts.

Alliance Staff Strategy

Support Implementation and progress of the Strategic Plan, including evaluation and measurement to assess progress.

Identify Emerging Needs including new data, opportunities, and community priorities.



COORDINATION OF CARE

This theme focuses on system-level and collective effort towards continuity of care throughout the crisis continuum – from prevention to crisis care and everything in between. This is different than "care coordination", which refers to services provided to an individual/family.

Why?

- Provides effective wrap-around support through a comprehensive and coordinated continuum of behavioral health services
- Preserves health and well-being while reducing engagement with avoidable acute/institutional care

Potential Impacts

- 1. Both youth and adults
- 2. Can be tailored to meet specific demographic group needs
- 3. Looks holistically at the crisis continuum and opportunities for improvement
- 4. Reduces barriers to accessibility of care due to communication, coordination, and collaboration challenges



PROMOTING BEHAVIORAL HEALTH THROUGH NONCLINICAL METHODS

Acknowledging cultural gaps in traditional clinical service models, this theme emphasizes and expands the ways we can improve and sustain behavioral health outside of a mental health professional's office and/or clinical spaces.

Why?

- Meets behavioral health needs of the community that cannot be solely addressed through clinical methods
- Utilizes community, arts, culture, and recreation to support mental health and overall wellbeing in a variety of ways

Potential Impacts

- 1. Both youth and adults
- 2. Can be tailored to meet specific demographic group needs
- 3. Supports the ways in which people heal or seek healing outside of clinical spaces
- 4. Expands partnership opportunities for the Alliance



DATA INFRASTRUCTURE

This theme aims to address community needs for improved and collaborative data collection methods and systems and data sharing within behavioral health care settings.

Why?

- Improves health equity and service delivery through robust, accurate, and responsive data collection and sharing systems
- Increases understanding of agencies' needs, access to resources, and outcomes

Potential Impacts

- 1. Both youth and adults
- 2. Bridges connections between organizations and people who access behavioral health systems as clients or patients
- 3. Improves consistency of data and data systems to better reflect the community
- 4. Supports centralized, interoperable, and shareable data and data systems



CLINICAL SYSTEMS + INFRASTRUCTURE

This theme analyzes our community's professional care systems and seeks to expand integration of behavioral health care in primary care and other clinical settings and systems. It also seeks to address and improve the ways in which systems in the community work together to provide care to community members.

Why?

- Strengthens and unifies behavioral health networks and systems to increase efficacy
- Promotes equitable services and improves access and outcomes

Potential Impacts

- 1. Both youth and adults
- 2. Can be tailored to meet specific demographic group needs
- 3. Promotes hyper-local systems change
- 4. Improves integration and adoption of what works



WHAT'S NEXT: STRATEGY DEVELOPMENT & ALLIANCE RECRUITMENT

The Strategic Plan is not complete yet! We need YOU for the next steps.

Throughout 2025, Alliance Staff will support the convening of workgroups related to each of the four themes in the 2024 Strategic Plan in addition to Policy. Each workgroup will dive deeper into the themes and develop specific and actional strategies intended to drive progress and improvement in behavioral health care in the community. It will be important to investigate evidence-informed strategy options and determine which strategies will work for the communities in Larimer County.

Once strategies are determined, workgroups will develop specific workplans to track and share progress. Workgroups will then begin implementing strategies. Attachment A is a sample Strategy Workplan Template. Attachment B is the adopted Workgroup & Strategy Development Proposal that will guide our work throughout this year.

Workplans will be updated every six months, and the 2024 Strategic Plan will turn into a communication tool to share progress, lessons learned, celebrations, and other updates with the full Alliance and the broader community.

Strategy development and implementation will take many hands, hearts, and minds. We welcome involvement from the entire community.

To get involved, email CIT@healthdistrict.org.

ATTACHMENT A: STRATEGY WORK PLAN TEMPLATE

| THEME: | | | | | | |
|-------------------|-------------------------------|------------------|---------------------------|------------|--|--|
| Strategy: | Outcome Indicator(s • • | 3): | | | | |
| | Performance Indicat • • | or(s): | | | | |
| | Current Workgroup I • • | Partners: | | | | |
| Key Action | Output | Resources Needed | Responsible Partner(s) | Timeline | | |
| | | | | Target: | | |
| | | | | Completed: | | |
| د ۲ | | | | Target: | | |
| YEAR 1 | | | | Completed: | | |
| | | | | Target: | | |
| | | | | Completed: | | |



ATTACHMENT B: WORKGROUP & STRATEGY DEVELOPMENT PROPOSAL

2024 MHSU Alliance Strategic Plan Workgroup & Strategy Development Proposal

This proposal outlines the implementation process for the 2024 Mental Health and Substance Use Alliance's Strategic Plan. Workgroups will be formed with the purpose of creating actionable, locally-tailored strategies for the four focus areas in the Strategic Plan and the standing Policy workgroup.

The workgroups will:

- □ **Learn and build a shared understanding** Workgroup members will go through a structured learning process to ensure everyone has the same foundational knowledge about each focus area and the desired outcomes for creating positive change.
- Develop strategies Workgroups will create locally tailored solutions to recommend to the Steering Committee for inclusion in the Strategic Plan.
- Put strategies into action Once approved, workgroups will help implement and assess the strategies, sharing updates with the Steering Committee to track progress and adjust as needed.

How the Process Will Work:

Alliance Staff and Steering Committee Members will provide guidance and tools to help workgroups develop data-informed strategies that address community needs and are feasible to implement. The Steering Committee will review and approve the proposed strategies.

We'll use a phased approach, starting with learning, followed by strategy development and approval by the Steering Committee, then implementation. Continual communication and ongoing support will ensure alignment with the Alliance's vision, values, and priorities.

A final reminder that this process is not intended to be rigid or one-size-fits-all. We can and will adjust as needed based on what we learn. This overview is meant to ensure we share the same understanding of how workgroups will support the next steps for the 2024 Strategic Plan.

WORKGROUP & STRATEGY DEVELOPMENT PROPOSAL

Workgroup Phases



Learning & Assessment (Timeline: 3-6 Months)

- Explore key issues and identify root causes
- Review relevant data
- Discuss community resources
- Brainstorm possible solutions

Strategy Development (Timeline: 3-6 Months)

- Discuss desired outcomes
- Engage existing & new partners
- Design strategies in alignment with Alliance vision, values, & Strategic Plan

Steering Committee Adoption (Timeline: To Be Determined)

- Strategies must be approved & adopted by Steering Committee Members through consensus
- Included in Strategic Plan

Implementation, Evaluation, & Sustainability (Timeline: Ongoing)

- · Put strategies into action
- Support from Alliance Staff & Steering Committee
- Monitor progress
- Evaluate outcomes
- Report to & communicate with Steering Committee



——— of larimer county ———

STRATEGIC PLAN 2024-2025