

Community Master Plan for Behavioral Health

2024-2028 Plan Presentation



Today's Agenda

- Review project background
- Share and discuss plan recommendations
- Next steps



Project Background



Timeline and Phases

May–June 2023



Research plan development

July–September 2023



Quantitative and qualitative data collection

September–October 2023



Stakeholder feedback

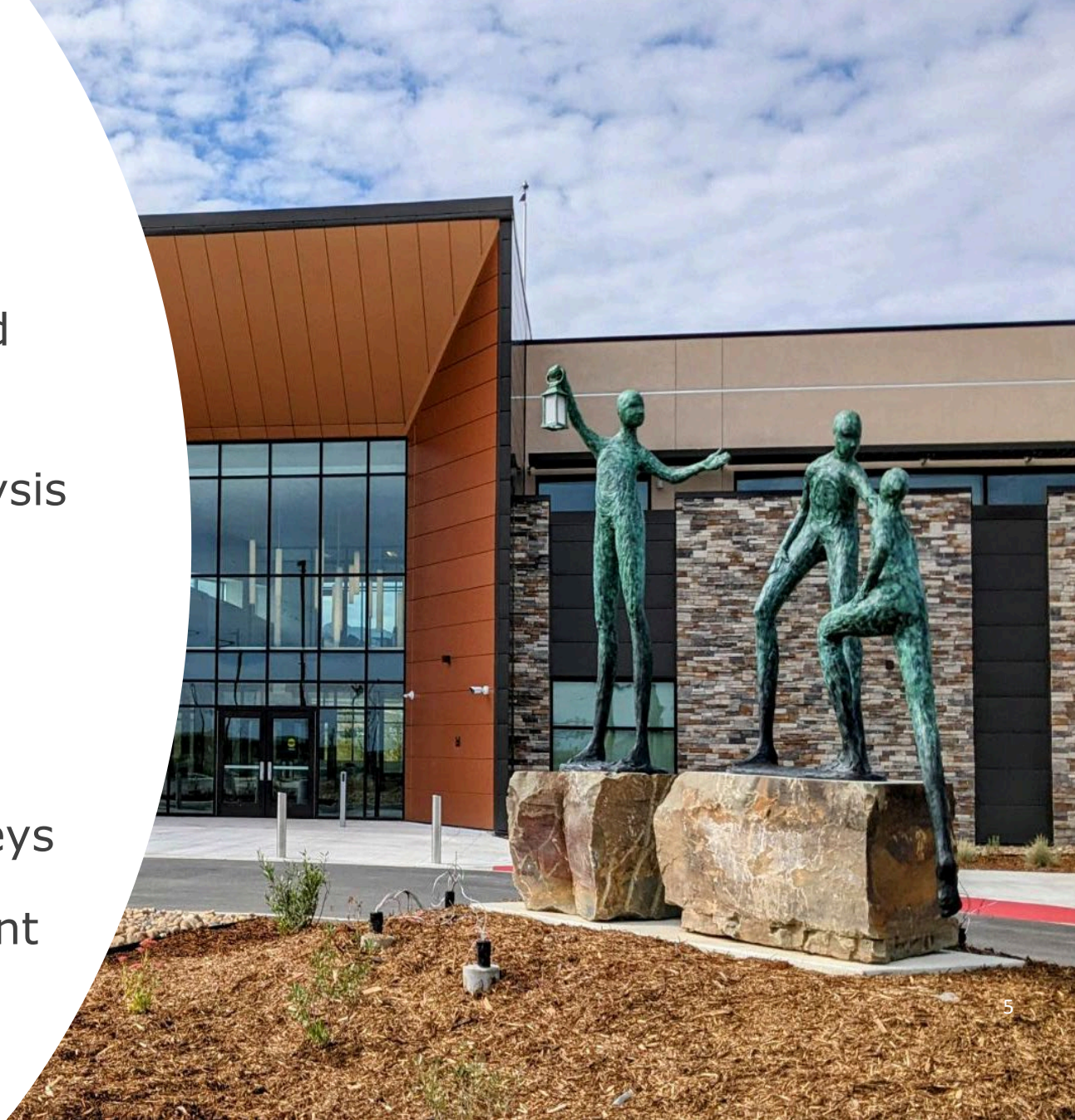
November–December 2023



Report drafting and finalization

Methods

- Research plan and data gap analysis
- Quantitative analysis
- Literature review
- Key informant interviews
- Stakeholder surveys
- Expert engagement



Participating Stakeholders

- Alliance for Suicide Prevention of Larimer County
- Bohemian Foundation
- City of Fort Collins
- CSU Health Network
- Family Care Connect
- Health District of Northern Larimer County
- Homeward Alliance
- Housing Catalyst
- La Cocina
- Larimer County Community Justice Alternatives
- Larimer County Economic and Workforce Development
- Larimer County Department of Health and Environment
- Larimer County Sheriff's Office Co-Responder Program
- Northern Colorado Health Alliance
- Northpoint Recovery
- SummitStone Health Partners
- The Family Center/ La Familia
- The Yarrow Collective
- UCHealth

Recommendations



Building on Progress from the 2018 Community Master Plan

1

Facility Evaluation. Evaluate metrics and goals to measure successes and challenges of the new Acute Care Facility on the Longview™ Campus.

2

Interagency Collaboration and Alignment. Reduce silos and duplication by collaborating in new ways among county agencies and health organizations.

Building on Progress from the 2018 Community Master Plan

3

Youth Services Feasibility Study. Develop a plan for assessing the financial feasibility, licensing requirements, workforce capacity, and community demand for acute and chronic youth behavioral health services.

4

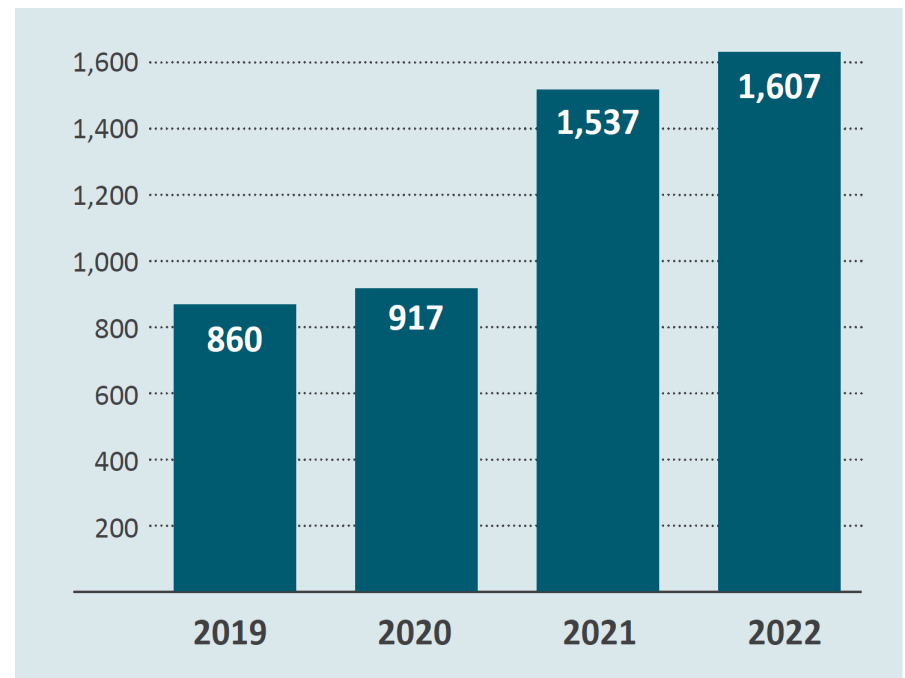
Care Coordination. Use a new or existing centralized referral hub to strengthen care coordination and network partnerships for behavioral health and social needs.

Building on Progress from the 2018 Community Master Plan

5 Crisis Alternatives.

Expand proven programs that divert people experiencing acute mental health and substance use events from jails and emergency departments.

Co-responder unit contacts/referrals by year



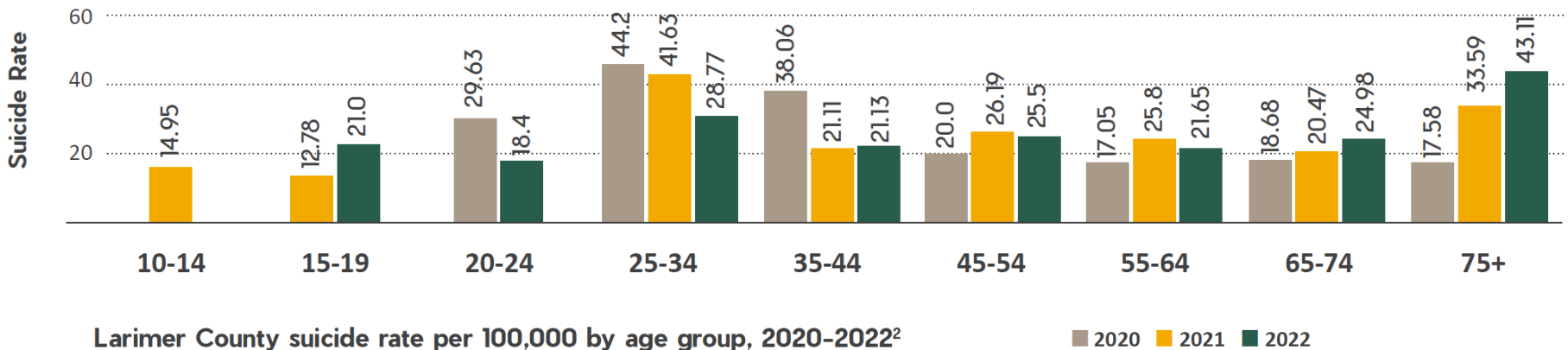
Building on Progress from the 2018 Community Master Plan

- 6 Impact Fund Grants.** Modify and then annually evaluate the Impact Fund's application criteria and award process and consider multiyear grant options.
- 7 CMP Implementation.** Create an annual meeting for the Executive Sponsors and Guidance Team to assess progress on the CMP's recommendations and identify needs and roles for the year ahead.

Behavioral Health Services and Supports

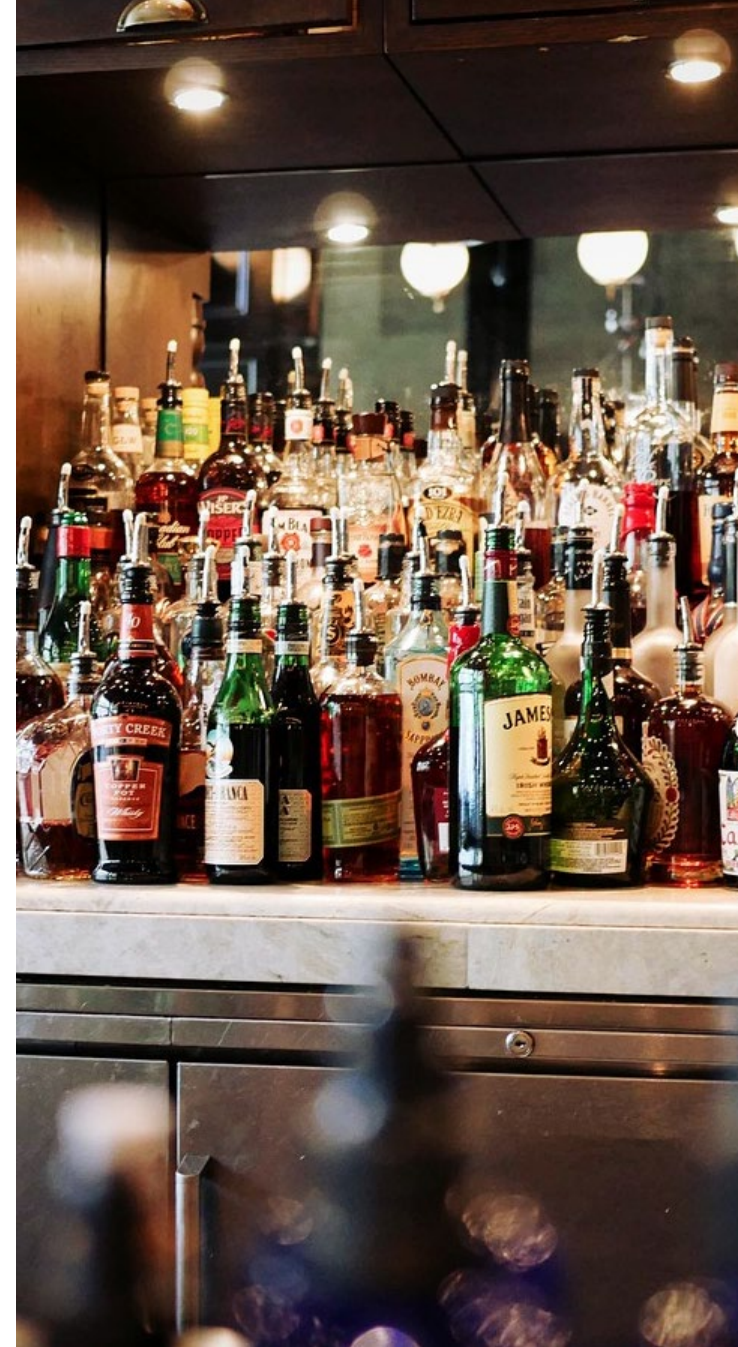
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Adult-Focused Programs. Expand funding opportunities to support mental health and substance use prevention and treatment programs that are tailored for adults in distinct life phases.



Spotlight: Alcohol Use

- Adults who reported binge drinking in the past month **21%**
- Fatal car crashes that involved alcohol **33%**
- High school students who engaged in binge drinking in the past month **15%**



Behavioral Health Services and Supports

- 9 Youth-Focused Programs.** Tailor and increase investments in school- and home-based programs, peer programs, and initiatives that offer substance use and mental health prevention and treatment services for youth, including infants and young children (ages 0-5).

Larimer County High School Students in 2021 Who:

Reported feeling
depressed

42%

Attempted
suicide

7%

Drank alcohol in
the past month

27%

Behavioral Health Services and Supports

10

Workforce Supports. Create or invest in opportunities to expand the behavioral health workforce pipeline and offer meaningful compensation for providers.

11

Underserved Communities. Invest in community-based organizations and initiatives that serve populations with unique behavioral health needs, including rural communities, LGBTQ+ individuals, unhoused people, individuals earning low-incomes, and historically marginalized racial and ethnic groups.

Upstream Prevention Efforts

12

Affordable Housing. Invest in programs that offer equitable opportunities for community members to purchase and remain in affordable homes, and work to infuse behavioral health supports in the places people live.



One in three residents is housing-cost burdened



Two in three renters aspire to own a home, but feel unlikely to

Upstream Prevention Efforts

13

Community Connection. Reduce isolation by introducing and expanding equitable opportunities for strengthening connections and building social networks.

14

Community Awareness and Education. Evolve public awareness campaigns to further reduce stigma, build support for prevention, and demonstrate the connection between behavioral health outcomes and the social determinants of health.

Additional Challenges

1. Cost of behavioral health care and information about insurance coverage
2. Timeliness of behavioral health care in preferred environments
3. Funding to support operating costs of public health and community-based organizations
4. Food security and access
5. Transportation
6. Affordable child care
7. Medicaid reimbursement rates
8. Behavioral health provider licensure compacts
9. Brick-and-mortar locations of behavioral health services
10. Systemic racism, discrimination, and unfair treatment
11. Provider burnout and moral distress

Looking Ahead



Next Steps

- 2024 Impact Fund advisory session with TAC/CAC
- Dissemination to partners
- Finding alignment within BHS strategic plan



Policy 2024 Legislative Session

April 23, 2024

Positions for Ratification

Strong Support

SB24-104: Career & Technical Education & Apprenticeship

Oppose

HB24-1306: Increase Penalty Possession of Synthetic Opiates

Support

HB24-1149: Prior Authorization Requirements Alternatives

HB24-1256: Sunset Senior Dental Advisory Committee

HB24-1322: Medicaid Coverage Housing & Nutrition

HB24-1384: Certified Community Behavioral Health Clinics

SB24-080: Transparency in Health Care Coverage

SB24-110: Medicaid Prior Authorization for Anti-Psychotics

SB24-115: Mental Health Professional Practice Requirements

SB24-141: Out-of-State Telehealth Providers

SB24-142: Oral Health Screening in Schools Pilot Program

SB24-168: Remote Monitoring Services for Medicaid Members

SB24-175: Improving Prenatal Health Outcomes

SB24-181: Alcohol Impact & Recovery Enterprise

Budget: Primary Care Fund- Community Health Centers

Budget: Local Public Health Agencies

SB24-116: Discounted Care for Indigent Patients

Access to Care Through Coverage Priority

Summary:

- Changes to Hospital Discounted Care Program, which is intended to aid patients with low incomes in hospitals, freestanding emergency departments, or outpatient facilities licensed as a service of a hospital.
- Allows for hospitals to determine presumptive eligibility for Medicaid.

Considerations for action:

- Full analysis in the Board packet.
- **Next action:** Awaiting Second Reading in Senate Committee of the Whole

Recommendation: Support
Action Needed: Ratify or revise

HB24-1438: Implement Prescription Drug Affordability Programs

Access to Care Through Coverage Priority

Summary:

- Increases fines for manufacturer noncompliance with the epi-pen and insulin affordability programs.
- Empowers the Attorney General's Office to enforce the affordability programs
- Increases education and awareness work surrounding the programs

Considerations for action:

- Aligns with the objective of supporting proposed policies for prescription drug accessibility and affordability.

➤ **Next action:** 04/23/24 Third Reading in House Committee of the Whole

Recommendation: Support
Action Needed: Ratify or revise

Property Tax Policy



Ballot Measures



Legislation

State Budget: Fiscal Year 2024-2025

HB24-1430: The Long Bill

- 45 Orbital Bills
- Amendments

Advocacy

- Primary Care Fund
- Public Health Funding
- State Funding for Senior Services

2024 Strategic Planning & Budgeting Timeline

May 15 & 16: Board strategic planning retreat

May 28: Recap of key discussion points of the strategic planning retreat



July 23: Board meeting
Update on processes and considerations that will inform future discussions



May

June

July

Aug



June 25: Board meeting
Review and approval of strategic plan



August 27: Board meeting
Process update and highlight and discussion of programs that will enable achievement of strategic plan objectives
Board budget work session
Discussion of programmatic priorities

September 24: Board meeting
Update on administrative changes and considerations to inform the 2025 budget



November 12: Budget hearing & board meeting
Public hearing of draft 2025 budget



Sept

Oct

Nov

Dec



October 15: Board receives proposed budget

October 22: Board meeting
Presentation of preliminary budget to Board reflecting budget scenarios
Board budget work session
Revision of draft budget



December 10: Budget approval & board meeting
Final approval of 2025 budget, reflecting the organizational strategic plan, program priorities, and availability of funds

Board Key Dates for Budget Year 2025

- May 16** Board strategic planning meeting
- June 25** Review and approval of 2025 Strategic Plan
- Aug 27** Budget work session
- Sept 24** Review and approve 2025 Compensation adjustment
- Oct 15** **Proposed 2025 budget received**
- Oct 22** Budget work session
- Nov 12** Public hearing on proposed 2025 budget
- Dec 10** Board meets to approve 2025 budget, certify mill levy, and adopt resolutions
- Dec 31** “By this date the Board shall enact ‘Resolution to Appropriate Funds’ for ensuing fiscal year” (DOLA)

Support Services

Who We Are and What We Do

Health  District
OF NORTHERN LARIMER COUNTY

Meet the Support Services Team



Chris Sheafor
Support Services Director



Chris Roth

Information Systems/Network Manager



Garth Atkins

Applications/Database Programmer



Jim Gettis

Information Systems Specialist



Jacque Ferrero

Administrative Program Specialist



Carl Pycha

General Maintenance Specialist



Lisa Aaron

Front Office Associate



Our Facilities & Program Locations

- 120 Bristlecone
- 202 Bristlecone
- 425 W. Mulberry
- 144 N. Mason Street
- Family Medicine Clinic
- 2001 S. Shields



Ongoing Enabling of Services

Facilities and Equipment:

- Custodial
- Facility Maintenance
- Snow Removal and Landscaping
- Security Patrol and Safety
- Dental Equipment
- Managing Leased Spaces
- Inspections and Compliance

Information Technology:

- Workstations and Networks
- Phones and Communication
- Cybersecurity and Backups
- Client Data Management

Administrative Support:

- Health Promotion Support
- Mail and Supplies
- Cash Deposits

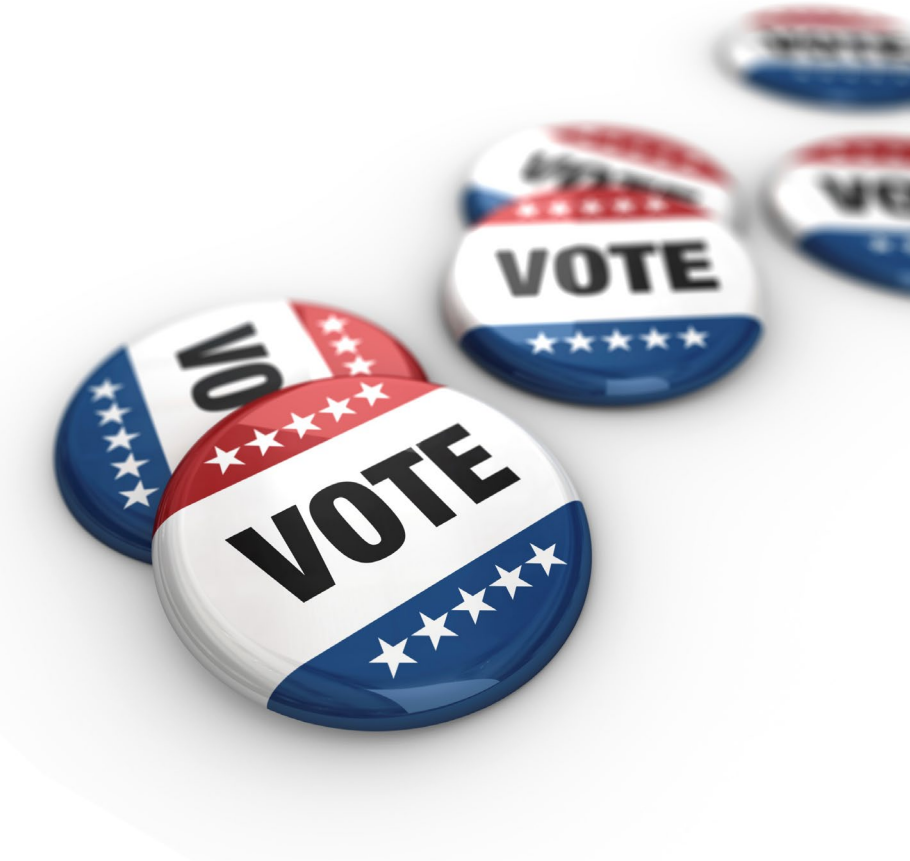
Capital and Major Projects

- Large Maintenance Items
- Equipment Replacement/Upgrades
- Supporting New Initiatives

- Cost Estimates
- Timing: Planned v. Reactive



Additional Duties for the Board of Directors



- Board Elections
- Urban Renewal Authority Coordination & North College Development Representation
- Records Retention & Storage

Long-Term Planning

- Planning for Updated Hardware and Software Systems – Cloud and Subscription Model
- Facility Assessment for Decision Making
- Financial Study for Cost Scheduling and Setting Reserve Levels for Capital
- Goal - Make the Best Decisions on Future Building Disposition and IT Investments

