



**BOARD OF DIRECTORS
MEETING
December 14, 2015**

**Health District Office Building
120 Bristlecone Drive, Fort Collins**

MINUTES

BOARD MEMBERS PRESENT: Bernard J. Birnbaum, MD, President
Tess Heffernan, M.Ed., Vice President
Tracy L. Nelson, Ph.D., Treasurer
Steven J. Thorson, MD, Liaison to PVHS Board

BOARD MEMBERS ABSENT: Michael D. Liggett, Secretary

STAFF PRESENT: Carol Plock, Executive Director
Richard Cox, Communications Director
Lorraine Haywood, Finance Director
Chris Sheafor, Support Services Director
Karen Spink, Assistant Director
Nancy Stirling, Assistant to Executive Director
Kristin Cochran Ward, Connections Manager

CALL TO ORDER; APPROVAL OF AGENDA

President Bernard Birnbaum called the meeting to order at 7:09 am.

MOTION: To approve the agenda as presented.
Motion/Seconded/Carried Unanimously

PUBLIC COMMENTS

None.

PRESENTATION, DISCUSSION & ACTIONS

2016 Budget Approval

Ms. Plock informed the Board that there was very little difference in the valuations just received versus the estimates received previously; there is about \$7,600 less available for our budget. Fortunately, expenditures for insurance premiums went down a little from what was previously budgeted, covering that difference and giving a tiny bit more to spend. Key revisions to the prior proposed budget include a couple of corrections (moving certain building maintenance from capital to non-capital), two expenditures that were approved for 2015 but will not be spent until 2016, and some Special Projects additions: a projected amount to be funded by external sources (partnership share) to cover the cost of the south county portion of the Community Health Survey; funding for a possible grant match for a project addressing adolescents and depression;

and funding reserved for projects we are currently engaged in with MH/SA partners that appear to be undergoing changes that may require temporary additional funding. No funds would be spent in that category without more detail going to the Board, and explicit Board approval.

MOTION: To approve Resolution 2015-04 to Adopt the 2016 Budget as proposed.
Motion/Seconded/Carried Unanimously

MOTION: To approve Resolution 2015-05 to Set Mill Levies.
Motion/Seconded/Carried Unanimously

MOTION: To approve Resolution 2015-06 to Appropriate Sums of Money
Motion/Seconded/Carried Unanimously

MOTION: To approve Resolution 2015-07 to Spend 2015 Revenues into Reserves.
Motion/Seconded/Carried Unanimously

MOTION: To approve the Certification of Tax Levies as presented.
Motion/Seconded/Carried Unanimously

Amended Board Policy 97-16

Staff presented Board Policy 97-16: Policies and Procedures for Reviewing and Copying Public Documents with proposed revisions from the Health District's attorney. (See memo and revised document for details.) Most changes being proposed are to ensure compliance with current laws.

MOTION: To approve the proposed revisions to Board Policy 97-16: Policies and Procedures for Reviewing and Copying Public Documents.
Motion/Seconded/Carried Unanimously

Board Resolution 2015-08

In the past the Board has approved all changes in employee benefit plan documents, whether the changes were substantive or not. Because American Fidelity now oversees the Health District's Cafeteria Plan, there will be annual documents to be signed. Resolution 2015-08 would designate the Executive Director with signing authority for all employee benefit plan documents. Any significant changes to the benefit plan would continue to be brought to the Board for approval. Ms. Haywood will provide a summary sheet of all the benefits currently provided to employees in an upcoming meeting.

MOTION: To approve Resolution 2015-08 to Designate Signing authority for All Employee Benefit Plan Documents.
Motion/Seconded/Carried Unanimously

Behavioral Health Mutual Aid Agreement

The Health District already participates in a Mutual Aid Agreement for public health emergencies as a minor player along with the City of Fort Collins and Larimer County. The Mutual Aid Agreement included in the meeting packet for the Board's consideration is between SummitStone Health Partners, the Larimer County Department of Health and Environment, Northern Colorado Red Cross and the Health District to work together to organize, coordinate, and provide behavioral health services in times of disaster. The Health District has been involved in behavioral health disaster response previously through its Connections program, which is a key partner in calling out, scheduling, and coordinating local behavioral health providers. The

Health District budget includes \$15,000 for emergency response which allows some flexibility should there be a need.

MOTION: To approve the Mutual Aid Agreement between SummitStone Health Partners, Larimer County Department of Health and Environment, the Health District of Northern of Larimer County and the Northern Colorado Red Cross, as presented.

Motion/Seconded/

Board Discussion: A question was asked about what is meant by “is not legally binding.” This document is essentially an acknowledgment of the organizations’ intent to work together to provide response, but it does not bind us to a particular level of response and is not a legally binding contract. The Larimer County Department of Health is the designated local lead for health matters in a formally called disaster response incident, which includes behavioral health, and now will have a representative in the Emergency Operations Center (EOC), when a disaster response is called that includes the need for a health response. SummitStone, the Health District, and the Red Cross work together to provide the actual behavioral health response.

MOTION: To approve the Mutual Aid Agreement between SummitStone Health Partners, Larimer County Department of Health and Environment, the Health District of Northern of Larimer County and the Northern Colorado Red Cross as presented.

Motion/Seconded/Carried Unanimously

UPDATES & REPORTS

UCHealth-North/PVHS Board Liaison

Dr. Steve Thorson provided an update on UCHealth-North activities:

- As introduced at the previous board meeting, the Colorado Health Medical Group (CHMG) has made the decision to pursue nonprofit tax status.
- A presentation was provided to the PVHS board about the hospital system’s palliative care program, which is a program geared toward the very ill. The program assists seriously ill patients and families in dealing with their psychological health, health maintenance, spiritual issues, social issues, end of life concerns, etc. Medical Director Joe Lopez oversees the robust team doing this program. UCHealth CEO Ms. Liz Concordia attended this presentation and is quite supportive of the idea. The Health District is collaborating with them to some extent on expanding end of life choices to the community. There is a brochure available, “Have you had the conversation?” that discusses end of life issues.
- Dr. Thorson provided a brief follow-up to the situation concerning emergency departments that was mentioned at the last board meeting, where it was publicized that a person who went to the ER for minor care ended up with a large bill for the services. The hospital is now working to educate people on when it is appropriate to go to the ED, and when it is more appropriate to go to urgent care or your physician. While some hospitals are incorporating urgent care into their emergency department, allowing for patients to be triaged and then directed to the appropriate care, it was reported that PVHS has had that discussion and chose to remain just an ED.
- The PVHS Board recently approved some revisions to their bylaws. Once the revisions have been approved by their attorney and a final document is available, the revisions will come to the Health District board for consideration and approval per the lease agreement.

Executive Director Update

- Larimer Health Connect - Tomorrow, December 15, is the last day that most people can sign up for health insurance that would be effective as of January 1. In November, LHC staff had 420 encounters with 360 new clients. There are a total of 900 appointments scheduled through the end of December and a little way into January. This enrollment period ends on January 31. Overall, staff is seeing about 50/50 of new customers and new enrollments. The Assistant Department Manager of the state's Connect for Health Colorado program paid a visit to LHC to learn how the process is working and what actually happens "on the ground." A board comment was for staff to consider, at the end of this open enrollment period, whether we were adequately staffed or should consider up-staffing even more during the next period.
- Grants – Last month, there was a flurry of activity in writing and submitting several grants that were released at about the same time and with short application deadlines. Although we have received word that the Project LAUNCH grant, which focuses on children 0-5, was not funded, it is looking promising that its first step, a community assessment (proposed in conjunction with the Health District), may be funded by the county. In other good news, a site visit has been scheduled to discuss the Advanced Care Planning grant application we submitted.
- Critical Behavioral Health Services Project – A retreat was recently held for the project's Guidance Group, with the project's consultants, NIATx, participating via videoconferencing. Staff have been impressed with NIATx' level of understanding about state of the art treatment and their recommendations for the community. We should soon be receiving from NIATx the first drafts of the next stage of information, including anticipated expenses, how much would likely be available from payer sources, and the level of gaps in funding. Once the full plan is drafted, it will go to the Guidance Team for review before being finalized. We hope to be at the stage of soliciting comments from the community by the end of January.
- Dental Services Director Transition – The transition of Dental Services leadership continues. Though there has been some delay due to parties being out of the office, we are making progress in training and the transition. The Board was given an invitation to attend a retirement party on Thursday for Mr. Newman, who will be retiring at the end of 2015.

CONSENT AGENDA

- Approval of October 2015 Financial Statements
- Approval of the November 17, 2015 Board Meeting Minutes
- Approval of Resolution 2015-07: To Spend 2015 Revenues into Reserves

MOTION: To approve the agenda as presented.
Motion/Seconded/Carried Unanimously

ANNOUNCEMENTS

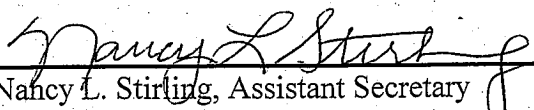
- January 26, 2016 – Board of Directors Regular Meeting

ADJOURN

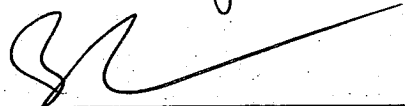
MOTION: To adjourn the meeting.
Moved/Seconded/Carried Unanimously

The meeting was adjourned at 7:50 a.m.

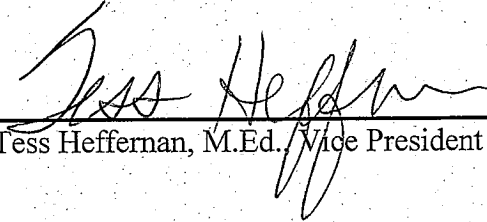
Respectfully submitted:



Nancy L. Stirling, Assistant Secretary



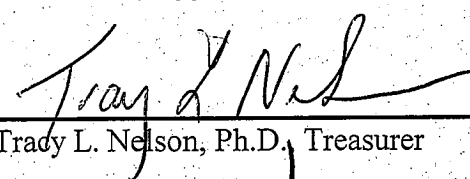
Bernard J. Birnbaum, M.D., President



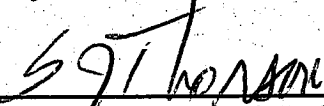
Tess Heffernan, M.Ed., Vice President

[Absent from 12/14/15 meeting]

Michael D. Liggett, Esq., Secretary



Tracy L. Nelson, Ph.D., Treasurer



Steven J. Thorson, M.D., UCHealth-North (PVHS) Board Liaison