



**BOARD OF DIRECTORS
MEETING
January 27, 2015**

**Health District Office Building
120 Bristlecone Drive, Fort Collins**

MINUTES

BOARD MEMBERS PRESENT: Bernard J. Birnbaum, MD, President
Tess Heffernan, M.Ed., Vice President
Michael D. Liggett, Esq., Secretary
Tracy L. Nelson, Ph.D., Treasurer
Steven J. Thorson, MD, Liaison to PVHS Board

STAFF PRESENT: Carol Plock, Executive Director
Jim Becker, Resource Development Coordinator
Bruce Cooper, M.D., Medical Director
Richard Cox, Communications Director
Charles Futoran, CDC Public Health Associate
Molly Gutilla, Evaluation Specialist
Erin Hall, Healthy Mind Matters Asst. Director
Lorraine Haywood, Finance Director
Laura Mai, Accountant
Rhea Maze, Communications Specialist
Heather Meyer, Evaluation Assistant
John Newman, Clinical Services Director
Dan Sapienza, Policy Coordinator
Chris Sheafor, Support Services Director
Nancy Stirling, Assistant to Executive Director

OTHERS PRESENT: Aaron Chestnut, Evaluation Intern
Sar Medoff, Physician Intern at FMC

CALL TO ORDER; APPROVAL OF AGENDA

President Bernard Birnbaum called the meeting to order at 5:50 p.m. A request was made to remove the November 11 Board Meeting minutes from the Consent Agenda due to minor amendments.

MOTION: To approve the agenda as amended.
Motion/Seconded/Carried Unanimously

PUBLIC COMMENTS

None.

PRESENTATION

Health District's Child Health Survey: Results Highlights

Mr. Charles Futoran, a CDC Public Health Associate assigned to the Health District and working with the Evaluation Team, provided an overview of the results of the 2014 Larimer County Child Health Survey. The survey was accomplished in collaboration with the Larimer County Department of Health and Environment, as well as the University of Colorado Health, TEAM Fort Collins, and the Partnership for Healthy Youth Coalition, was funded by Kaiser, and is a supplement to the triennial Community Health Survey the Health District completed in 2013. This survey was conducted in Summer of 2014 and completed by 336 households in the County. It targets information about children age 0 to 14 years of age. Results of the survey provide a look at Larimer County as well as how the County compares state-wide and nationally.

Highlights of Survey Results:

- Access to Care – Nearly all children represented in the survey have insurance (99%); however, some (6%) do not have a regular doctor.
- Mental/Emotional Health – Of the 8% of children whom parents indicated were in need of mental health care or counseling, 93% received care. One in 7 parents said their child had difficulty with emotions, concentration, behavior, or getting along with others.
- Substance Use – Parents have unfavorable attitudes towards substance use, although 28% reported that they believed that there were some safe environments for underage drinking (the great majority of those (87%) listing “with parents” as the safe environment).
- Physical Health – Two-thirds of children 0-14 are at a healthy weight, and the majority are eating more than two servings/day (each) of fruits and vegetables. However, 7% have more than 2 servings/day of soda, and only 37% get an hour/day of physical activity.
- Oral Health – Most children (88%) have a regular source of care.
- Safety-Environment – Most parents (94%) reported they felt that they lived in a supportive neighborhood. The survey found that bike helmet use declines with age.
- Overall Health – 95% of parents rated their child's general health as excellent or very good..

It was noted that the state also conducted a statewide survey, from which data was just recently released. Staff will be doing a comparison of the statewide data with our Child Health Survey data for informational purposes. The Board suggested sending our results to the Poudre School District Wellness Coordinator.

DISCUSSION AND ACTIONS

Board Approval for Submitting a Proposal to City of Fort Collins

Included in the meeting packet is a memo for the Board's consideration and approval. Mr. Jim Becker, the Health District's Resource Development Coordinator, informed the Board that the City of Fort Collins has supported the Dental Connections program for the past few years and it is time again to request funding for \$23,000 for a 12-month period during 2015-2016 to serve approximately 200 clients in Fort Collins. The City requires a formal statement from the Board that they approve the submission of this proposal.

MOTION: To approve the submission of a request to the City of Fort Collins for financial support for the Dental Connections program.
Motion/Seconded/Carried Unanimously

Prospective Compass Advisory Committee Members

Also included in the meeting packet is a memo concerning Prospective Compass Advisory Committee members. The Committee consists of 4 Health District staff members and 4 community members. The current vacancies are for one community member and one Health District member. At a previous board meeting where the Board approved other proposed Committee members, it was suggested that the Committee consider individuals who represent the mental health field and local schools. In response to these suggestions, the following individuals are being proposed: Dr. Zeljko Ivanovic, Psychiatrist with the Integrated Care program, and Ashley Schwader, Wellness Coordinator for Poudre School District.

MOTION: To approve the proposed individuals for the Compass Advisory Committee as presented.
Motion/Seconded/Carried Unanimously

POLICY PREVIEW

First Look at 2015 Legislation Session

Mr. Dan Sapienza, Policy Coordinator, provided a brief overview of the Legislative Matrix, how staff prioritizes bills as well as issues being addressed at the local and state levels. The matrix, which provides an at-a-glance overview of proposed state bills, is reviewed by staff, who prioritize them using the following levels of impact to the health of the community or to Health District objectives: Priority 1: potentially significant impact; Priority 2: potential impact (less significant); and Priority 3: other bills of interest; less direct impact. Staff then select certain bills for more in-depth analysis and summaries for Board review and consideration. The Board can identify bills of interest as well. When the Board takes certain positions on bills (Strongly Support, Support, Oppose, Strongly Oppose, or No Position), they are noted on the matrix.

Local Issues

- *Smoking Ordinance Expansion:* On February 3, the City of Fort Collins City Council will be meeting to discuss expansions to the smoking ordinance. Expansions pertain to events, parks/trails/open spaces, and Old Town Downtown areas. At a previous Board meeting, the Board took positions in support of smoking restrictions at events, parks/trails/open spaces and downtown areas.
- *West Nile Virus:* Last year, the City decided not to change their plan for determining when to spray mosquitoes. The County disagreed with their formula and decided to spray last year. City Council is expected to discuss the issue at a work session in February or March.

State Legislative Session

We are currently 21 days into this year's legislative session. 261 bills have been presented thus far and 11 have been postponed indefinitely (PI'd, or killed). Key bills include:

- HB15-1066: Repeal Health Exchange (Priority 1) – The bill would immediately repeal the health exchange and require all funds for the exchange be put into General Fund. A hearing is scheduled in the Senate's Health Insurance and Environment Committee on January 29. A board suggestion was to share our data with our local legislators on how many people have become insured through the exchange in this community, and the impacts on those individuals if it were to be repealed. It was also suggested to note the number of lives insured in Compass.

MOTION: To STRONGLY OPPOSE HB15-1066: Repeal Health Exchange.
Motion/Seconded/Carried Unanimously

It is unclear whether or not a Health District representative would be allowed to testify on this issue since the Health District receives a grant from Connect for Health Colorado. A Board suggestion was not to testify if the language within in the grant documents is in any way ambiguous.

- SB15-019 – Health Exchange Audit (Priority 2) – Passed second reading in the Senate. A similar bill did not pass last year, but there is broader range of support this year.
- SB15-052 – Exchange Committee Oversight (Priority 3) – Requires the Review Committee to approve any salary increase, bonus, or other additional monetary benefits for employees of the Colorado health benefit exchange. Passed Senate on 3rd reading.
- HB15-1029 – Telemedicine Expansion (Priority 1) – Co-sponsored by Rep. Ginal and Senator Kefalas. Currently, health insurance will pay for telemedicine charges in rural areas. This bill will remove population restrictions and allow telemedicine, if appropriate, regardless of geographic location of the health care provider and the recipient of care. The Board would like to know what the definition of telemedicine is and what constitutes a telemedicine consult; staff will bring more information to the Board.
- HB15-1087 – Alcohol & Substance Abuse Medical Detox (Priority 1) – Would fund two pilot programs – one in an urban area and the other in a rural area (30,000 people or less). The purpose is to provide limited medical services that are otherwise unavailable to individuals who are addicted to alcohol or substances and who are going through the detoxification process. Staff is researching this issue further as well as consulting with the Mental Health and Substance Abuse Partnership.
- SB15-053 – Emergency Drugs for Overdose (Priority 3) – Would allow physicians to prescribe (and dispensers to dispense) opiate antagonists to an individual opiod user, a family member, friend, first responder, or employee or volunteer of a harm reduction organization. Opiate antagonists are substances that can be administered to a person who is in danger of losing their life due to an overdose from opiate drugs, in order to save the person's life.
- SB15-077 – Parents Bill of Rights (Priority 1) – Sets forth specific parental rights related to education, health care, and mental health care of minor children. The Board expressed strong concerns that this bill could have significant impact on the health and safety of youth, and they will want to look at it closely, and possibly give input at the hearing on February 5.

MOTION: To OPPOSE SB15-077: Parent's Bill of Rights.
Motion/Seconded/

Board Discussion: During a brief discussion, the Board considered changing the motion to STRONGLY OPPOSE. If the Board did change their position to strongly oppose, they would want staff to draft a position paper, which would require additional staff time. Since it is currently unclear whether the bill has enough momentum to pass, the Board decided that should the bill pass out of the Senate, the Board would consider escalating their position to strongly oppose.

MOTION: To OPPOSE SB15-077: Parent's Bill of Rights.
Motion/Seconded/Carried Unanimously

- HB15-1015 – EMS Interstate Compact (Priority 2) – Not much is known about this bill other than that it would allow entities to share EMS services across state lines facilitating mutual aid agreements.
- HB15-1031 – Ban on Powdered Alcohol (Priority 2) – This bill would ban the use, sale and possession of powdered alcohol. While it is not yet regulated by the FDA, there is expectation that the FDA will approve the sale and production of powdered alcohol because the FDA does not have a reason to withhold approval.
- A bill that concerns long-acting reversible contraception is expected to be introduced soon. In 2009 an anonymous donor gave the state the funds to provide long-acting reversible contraception to women who couldn't afford to pay for them. Recent research shows lower birthrate among low income women, reduction in abortion rates, and significant reduction in WIC program use in areas where IUDs were provided. This bill proposes to use \$5 million from the state's general fund to keep the program going.
- Oil and gas health study – It is expected that a new bill will be introduced that would require an oil and gas health study across the Front Range, to report on health impacts from oil and gas operations.

Dr. Thorson asked a question in relation to HB15-1075 concerning registered naturopathic doctors treating children (Priority 1): Do naturopathic doctors generally recommend against immunizations? The bill does state that a naturopathic doctor must provide the child's parent with the current recommended immunization schedule for children. It was noted that our area has a larger percentage, when compared to the national average, of parents who choose to delay or forego vaccinations. The Board would like more information about what defines a naturopathic doctor, their general stance on vaccinations, etc.

UPDATES & REPORTS

CDDT/ACT Facility Purchase; Dental Clinic Remodel

Before the end of 2014, the Health District completed the purchase of the 2001 South Shields Street building. The next steps are to select an architect from an active bid process, who will then complete the design; apply for a city permit, which we would hopefully have by April (the City Building permit process is presently overloaded thus delaying the process a bit); and then start construction, which is anticipated to take about two weeks.

Renovation of the Dental clinic has been going very well and is expected to be mostly completed by Thursday. Staff and contractors worked exceptionally hard at minimizing the disruption to the ongoing operation of the dental clinic, and there were never more than 2 chairs down at any one time. At this point, it looks like the project will come in well under budget.

Update on Larimer Health Connect and LC Enrollments

Between October 1 and January 15 (the start of the second open enrollment period), Larimer Health Connect has assisted 1,110 individuals in in-person visits or intensive telephone calls. Since the beginning of the first open enrollment period, over 3,000 people have been assisted in over 5,600 visits. About 80 clients were unable to complete enrollment by the December 15 deadline to get January 1 coverage. These clients were given extensions to complete the process and staff, working closely with Connect for Health Colorado and the Department of Health Care Policy and Financing, have been able to bring that number down to about 30 clients. February 15 is the end of the current open enrollment period. In other news, the Health District was just

awarded a grant from a Colorado Health Foundation that will help us continue Health Coverage Guides for the next year. There is still much work to be done to help educate people on how health insurance works and how to use it to obtain needed care, and to make decisions on the type of health insurance that might be best for their particular situation.

Executive Director Updates

Ms. Plock shared a few highlights from the recent Health Action Conference she attended in Washington D.C. Key issues being discussed at the national level:

- There is significant national concern about the Supreme Court case, *King v. Burwell*, concerning the legality of subsidies to people insured through the federal health exchanges. While the case does not affect Colorado directly since it operates a state-based marketplace, it would have enormous impact on the millions of people who obtain their health insurance through the federal marketplace, with the help of subsidies.
- The reauthorization of the Child Health Program (CHIP). CHIP is authorized through federal fiscal year 2019 under the Affordable Care Act, but the ACA only extended federal funding for CHIP allotments through FFY 2015 (September 30, 2015). Without funding reauthorization by September 30, CHIP could not function. States are pushing hard for the decision to be made much earlier, since their budgeting processes begin in the spring, and they need to know whether they will be operating the program in their states or not.
- The “family glitch” in the ACA. One of the provisions in the ACA is that if anyone in a household is employed and their employer offers “affordable” health insurance, no one in the family is eligible for premium tax credits or reduced cost-sharing reductions in the marketplaces. The glitch is that the definition of “affordable” is based only on the cost of individual-only coverage, rather than the cost of a family plan. This prohibits those in families where the employer provides coverage from getting the same cost reductions that families where the employer does not provide coverage receive. This might be an issue the Health District would want to comment on to our federal legislators.
- The incredibly high cost, and rapidly rising costs, of certain prescriptions – particularly specialty drugs. The situation is getting so serious that states are being forced to decide which Medicaid recipients will be allowed specialty drugs.

Kaiser Health News is coming to Colorado to do interviews with various groups and are including an interview with the Health District to learn about our dental lottery process.

Dr. Cooper reported that the community EMS selection process has been delayed because of an illness of one of the key members of the Selection Committee.

PVHS/UCHealth-North Board Liaison Update

Dr. Thorson gave brief updates on PVHS/UCHealth happenings:

- PVHS has a new Chairman of the Board, Ms. Christine Chin, a previous Coloradoan publisher. Mr. Mike Dellenbach is the Vice Chair.
- The UC Medical School has a new Dean, Dr. John Reilly, Jr., who comes from the University of Pittsburgh Medical Center, the same place as UC Health CEO Liz Concordia came from.
- A medical building is going to be built at the corner of Prospect and College that will include the new CSU Student Health Center, PVH lab and radiology, an Associates in Family Medicine walk-in clinic, etc. Columbine Health System will use the 3rd floor of the building

for geriatric research and training. There is a potential for a collaboration between CSU and the CU medical school on the fourth floor. Funds for the building are being contributed by PVH, Associates in Family Medicine, CSU, and Columbine Health.

- PVH submitted a proposal to provide local EMS services; Banner did not.
- PVHS, as a not for profit, is doing very well financially which allows the system to do things in the community such as charity care, the residency program, etc. Memorial Hospital in Colorado Springs has had more financial challenges, but continues to improve with Mr. George Hayes at the helm, previous CEO of Medical Center of the Rockies.

CONSENT AGENDA

The November 11, 2014 Board meeting minutes were removed from the Consent Agenda.

- Approval of the November 2014 Financial Statements
- Approval of the December 12, 2014 and January 13, 2015 Board Meeting Minutes
- Approval of Resolution 2015-01 to Establish Meeting Days, Times, Locations for Board Meetings
- Approval of Resolution 2015-02 to Establish Designated Public Place for Meeting Notices

MOTION: To approve the remaining Consent Agenda items.
Motion/Seconded/Carried Unanimously

Dr. Thorson requested a couple of minor amendments to the November 11 minutes:

- First bullet on top of Page 7 – change “60 physicians” to “43 physicians”;
- Delete “about 40% of it is owned locally” from the last sentence.

MOTION: To approve the November 11, 2014 Board meeting minutes as amended.
Motion/Seconded/Carried Unanimously

ANNOUNCEMENTS

- February 12, 5:30 pm (Thursday) – Board Special Meeting
- February 24, 5:30 pm – Regular Board Meeting

EXECUTIVE SESSION

A motion was made to go into Executive Session.

MOTION: For the purpose of determining positions relative to matters that may be subject to negotiations; developing strategy for negotiations; and instructing negotiators pursuant to §24-6-402(4)(e) of the C.R.S. Issue to be discussed: lease agreement on Shields Street Property.
Motion/Seconded/Carried Unanimously

The Board retired to Executive Session at 7:38 p.m.

The Board came out of Executive Session at 7:50 p.m.

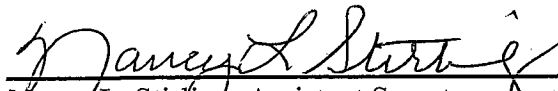
A request was made by a board member to be sure that the Child Health Survey information is shared with the School Wellness Committee.

ADJOURN


MOTION: To adjourn the meeting.
Moved/Seconded/Carried Unanimously

The meeting was adjourned at 7:52 p.m.


Respectfully submitted:



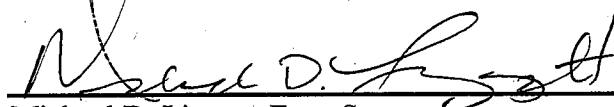
Nancy L. Stirling, Assistant Secretary




Bernard J. Birnbaum, M.D., President



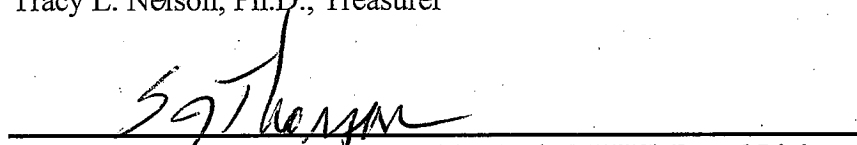
Tess Heffernan, M.Ed., Vice President



Michael D. Liggett, Esq., Secretary



Tracy L. Nelson, Ph.D., Treasurer



Steven J. Thorson, M.D., UCHHealth-North (PVHS) Board Liaison