BOARD OF DIRECTORS
MEETING
March 13, 2018

Health District Office Building
120 Bristlecone Drive, Fort Collins

MINUTES

BOARD MEMBERS PRESENT: Michael D. Liggett, Esq., President
Faraz Naqvi, M.D., Treasurer
Tess Heffernan, Liaison to UHealth-North/PVHS Board

BOARD MEMBERS ABSENT: Tracy L. Nelson, Ph.D., Vice President
Deirdre Sullivan, Secretary

Staff Present:
Carol Plock, Executive Director
Karen Spink, Assistant Director
Bruce Cooper, Medical Director
Lorraine Haywood, Finance Director
Chris Sheafor, Support Services Director

Nancy Stirling, Assistant to Board & ED
Sarah Tilleman, Dental Services Director
Alyson Williams, Policy Coordinator
Devin Nelson, Policy Assistant

CALL TO ORDER: APPROVAL OF AGENDA
President Michael Liggett called the meeting to order at 4:00 p.m. Ms. Nelson and Ms. Sullivan were both excused from the meeting.

MOTION: To approve the agenda as presented.
Motion/Seconded/Carried Unanimously

DISCUSSION AND ACTIONS
Policy
Ms. Devin Nelson was introduced to the Board. She is the Public Policy Assistant and helping Ms. Williams with policy reports and bill monitoring.

Federal Issues
- Proposed Rule: Short-Term, Limited-Duration Insurance – Current regulations allow short-term health plans to be exempt from ACA mandates and have a maximum duration of 3 months. The proposed rule would lengthen the duration of short-term plans to 364 days and allow for re-application for such plans. Possible consequences of this proposed change could see an increase in premiums in ACA compliant plans and a decrease in the number of people with ACA compliant coverage. The proposed rule is open to public comment through April 23. Staff asked the Board to allow them to develop and submit comments of concerns with the proposed regulation.
MOTION: To develop and submit comments for the Proposed Short-Term, Limited-Duration Health Insurance Rules as discussed above. Motion/Seconded/Carried Unanimously

State Issues
The legislative session is now past the half-way mark at 63 days. The number of bills that have been introduced thus far is 488 and 81 of them have been P/Td (postponed indefinitely, or killed).

Update on Prior Bills
Several bills are soon to be heard, including Drug Price Transparency (passed committee), Substance Use Disorder Bill to increase residential treatment, Youth Suicide Prevention, Advance Directives, and Free-Standing Emergency Department bills. Staff testified for two of those bills. SB18-132: 1332 Waiver for Catastrophic Plans passed the Senate and has moved on to the House HIE Committee. The iDrive bill is in Appropriations and the bill to change the date of special district elections is on its way to the Governor for signature.

Other Bills for Board Consideration
- **HB2018-1007: Substance Use Disorder Payment and Coverage** – This bill is being heard today and is likely to pass out of the House. There are many parts to this bill - which aims to help those who seek care and treatment for their opioid use disorder - by minimizing delays or interruptions which could impact that person’s initiation or continuation of Medication Assisted Treatment (MAT) and of naloxone.
  
  **MOTION:** To SUPPORT HB2018-1007: Substance Use Disorder Payment and Coverage.
  Motion/Seconded/Carried Unanimously

- **HB2018-1097: Patient Choice of Pharmacy** – This bill prohibits health insurance carriers and pharmacy benefits managers from imposing certain restrictions on patients, pharmacists, and pharmacies, such as which pharmacy to utilize or where to access pharmacy services if the pharmacy/pharmacist has a signed contract with a carrier. This could allow for increased access for consumers and increased competition between pharmacies, but it could also result in higher costs for the consumer. The Board remained neutral on this bill; staff will monitor.

- **SB2018-022: Clinical Practice for Opioid Prescribing** – The main points of this bill limit initial opioid prescriptions to a 7-day supply (with some exceptions); requires reporting of specialty for providers using PDMP, stipulates mandatory PDMP querying for first refill; and mandates a report be made to the General Assembly regarding findings of a federal grant. The bill has received a great deal of support from people and there is no known opposition.
  
  **MOTION:** To SUPPORT SB2018-022: Clinical Practice for Opioid Prescribing.
  Motion/Seconded/Carried Unanimously

- **SB2018-136: Health Insurance Producer Fees and Fee Disclosure** – This bill would allow an insurance producer or broker advising a client on individual health benefit plans to charge the client a fee if they do not receive a commission related to the plan selected and if they disclose the fee to the client. The Commissioner of Insurance would be required to promulgate rules, including a prohibition on charging a fee for assisting a client to enroll in Medicaid or the Child Health Plan Plus (CHP+). This issue could have an impact on the state’s health insurance program, Connect for Health Colorado (C4HCO), and since the Health District is a grant recipient of C4HCO, they are not allowed to take a position on this issue. The Board remained neutral, but asked staff to monitor. Concerns were expressed
regarding the fees brokers could charge — in particular, if the fees were unaffordable and played a role in driving people away from choosing and obtaining health insurance.

- **SB2018-168: Medication-Assisted Treatment Through Pharmacies** – This bill requires medication-assisted treatment (MAT) for substance use disorder to be covered under the Colorado Medicaid program, Health First Colorado. It also increases reimbursement rate to pharmacists who administer injectable MAT.

  **MOTION:** To SUPPORT SB2018-168: Medication-Assisted Treatment Through Pharmacies.
  
  *Motion/Seconded/Carried Unanimously*

The Board expressed its appreciation to Ms. Williams and staff for the bill analyses and summaries.

**ANNOUNCEMENTS**

- **March 27, 4:00 pm, Board of Directors Regular Meeting**

Board members were reminded that the April 24 board meeting had been moved to May 1 as several staff members will be attending the National Council on Behavioral Health conference. President Liggett also informed the board members that the May board meeting is being extended to include a brief Executive Session to conduct a shorter annual Executive Director review.

**ADJOURN**

  **MOTION:** To adjourn the meeting.
  
  *Moved/Seconded/Carried Unanimously*

The meeting was adjourned at 4:25 p.m.

Respectfully submitted:

[Signature]
Nancy Stirling, Assistant to the Board of Directors

[Signature]
Michael Liggett, President

[Absent]
Tracy Nelson, Vice President

[Absent]
Deirdre Sullivan, Secretary

[Absent, faxed 3/27/18 meeting]
Faraz Naqvi, M.D., Treasurer

[Absent 3/19/18 meeting]
Tess Heffernan, UCH-Health-North (PVHS) Board Liaison

Health District of Northern Larimer County- Board of Directors Meeting

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