BOARD OF DIRECTORS
MEETING
May 22, 2018

Health District Office Building
120 Bristlecone Drive, Fort Collins

MINUTES

BOARD MEMBERS PRESENT: Molly Gutilla
Michael D. Liggett
Joseph Prows
Deirdre Sullivan

BOARD MEMBERS ABSENT: Faraz Naqvi

Staff Present:
Carol Plock, Executive Director
Karen Spink, Assistant Director
Richard Cox, Communications Director
Lorraine Haywood, Finance Director
Mindy Rickard, ACP Program Coordinator

Chris Sheafor, Support Services Director
Nancy Stirling, Assistant to Board & ED
Lin Wilder, Community Impact Director
Alyson Williams, Policy Coordinator

WELCOME AND SWEARING IN OF NEW BOARD MEMBERS
The newest board members, Molly Gutilla and Joseph Prows, were welcomed by all present. They, along with Michael Liggett, who was re-elected for another four-year term, were sworn in and completed the Oath of Office process under the direction and oversight of Chris Sheafor, Designated Election Official.

CALL TO ORDER; APPROVAL OF AGENDA
President Michael Liggett called the meeting to order at 4:02 p.m. Dr. Faraz Naqvi was excused from the meeting. The following changes to the meeting agenda were proposed: under “Updates and Reports”, remove the 2018 1st Quarter Program Report; remove the Consent Agenda (as there are not enough previous board members present to approve the previous meeting minutes); as well as a couple of additional announcements.

MOTION: To approve the agenda as amended.
Motion/Seconded/Carried Unanimously

PUBLIC COMMENT
None.
PRESENTATIONS

Evolution and Future of Advance Care Planning Program
The Advance Care Planning project was initiated in 2016 under the direction of Mr. Jim Becker, Special Projects Manager, with funding provided by the Health District, a 2-year funding grant from the Colorado Health Foundation, and financial and other resource contributions from community stakeholders. Mr. Becker moved on from the Health District in January of this year and Mindy Rickard, who was initially hired as Team Lead, was moved into the ACP Manager position. In addition to the "Evolution and Future of the Advance Care Planning Project" document provided in the meeting packet, Ms. Rickard provided a brief overview of project accomplishments and successes as well as what the project will strive to accomplish in the next couple of years.

The Vision of the project is that "advance care planning becomes a natural expected part of the continuum of health care in Larimer County; adults feel comfortable discussing it with their family and medical providers; community members have easy access to experts and materials who/which can guide them through the process; and individuals have expressed their wishes in writing and to their loved ones. Through robust conversations and proper completion and sharing of advance directives we help ensure that medical directives are available when they are needed." To support this vision, ACP staff provide education via presentations to groups and organizations and assist individuals one-on-one to complete personal directives. They have also worked diligently to create partnerships with the local health systems, including UCH Health, Banner Health, Estes Park Medical Center, Kaiser Permanente, and Veterans Administration, to make sure directives are placed and accessible to health care providers.

One of the many accomplishments achieved by the project thus far was the development of a four hour clinical training on how to complete MOST forms (medical end of life orders) with clients. Professionally videotaped, the training was rolled out at a care managers forum in which 60 people recently participated, and is now on the project’s web site www.larimeradvancecare.org. In other successes, the Team participated in National Health Care Decisions Week in April 2018 and helped people to complete 395 directives over a 5-day period.

Though originally due to expire in March 2018, unspent grant funding from the Colorado Health Foundation was extended, and additional funding in the amount of $158,850 was recently awarded from the Next50 Initiative (an independent, Colorado-based, nonprofit dedicated to improving services for all people in the second 50 years) which provides full funding through 2018, and 75% of funding through 2019. As part of the Next50 grant, the project will work with patients who are high-users of medical services to create a "Patient Passport" which holds all their information and is easy to carry with them. The project will also develop employee campaigns (currently planned examples are construction sites and CSU), do clinical trainings to enhance provider efforts and continuity of advance care planning after the project ends, and continue to work with the community at large, through projects that work with partners like libraries and legal professionals.

Board Questions/Comments: Ms. Sullivan commented that the Health Department is currently working on a non-EPIC dependent online provider referral portal called "Provider Portal" where providers can go in and find referrals to an organization or service, and this might be listed in the Portal. In response to a question about how this project became a key priority, Ms. Plock noted
that focus on the significant health challenges upcoming due to the rising numbers of the aging population has been a priority issue designated by Health District boards for some time, and when this project emerged, the board considered it a relevant way to help impact some of those challenges. Discussion on the project was included in the last Health District retreat, where the Board continued its inclusion on Health District priorities.

The program has been profoundly successful (far exceeding original goals) and although the project has been fortunate to obtain grant funding, as things progress, it will be important in the future to determine how much advance planning is integrated into how the health system functions. Whether to continue the program on some level, or whether to end it when grant funding ends, will be a future consideration for the Board. The end goal would be to move advance care planning to the point where people understand its need, and planning naturally occurs in the health system.

**DISCUSSION AND ACTIONS**

**Health District Board Officer Elections**
The following nominations were proposed for Board Officers:
- Board President – Michael Liggett
- Board Vice President – Deirdre Sullivan
- Board Secretary – Molly Gutilla
- Board Treasurer – Joseph Prows
- Board Liaison to PVHS/UCHealth-North Board – Faraz Naqvi

**MOTION:** To elect the slate of Board Officers as proposed.

*Motion/Seconded/Carried Unanimously*

**Policy**

**Local Issues**

**Backyard Wood Smoke** – At the last board meeting, the Board heard from two people about the issue of neighborhood wood smoke, and the Board asked staff to find out what the County is doing in regard to the issue. Staff have done some initial research and the issue is in the ‘public engagement’ phase; action does not appear imminent. Staff will make more direct contact with County staff to determine the issues, who’s involved, and the process, to share with the Board to determine whether they want to take further steps.

**West Nile Virus** – The City of Fort Collins made an important change last week to the guidelines for monitoring and spraying for mosquitoes infected with the virus. City Council chose to keep the vector index (VI) at 0.75, but to change the policy so that there would now be no case consideration (previously there had to be at least one human case of infection for consideration, which can mean that spraying happens to late to prevent human cases). This brings the City policy closer to the County policy, which also does not require human cases, but uses a lower vector index (VI) of .5; the County thus intervenes earlier to prevent WNV than the City.

**End of Session Update**

**Substance Use Disorder Bills** – Five of 6 bills passed by the Colorado legislature have been signed. Ms. Williams will provide a more in-depth look at this year’s session at the next board meeting.
**What is a Rescission Request?** President Trump issued a “rescission request” in early May, requesting to claw back nearly $15 billion in previously approved government spending. The purpose of the request is to lower government spending, since the tax bill of 2017 added to the national debt. The House and Senate have 45 days to approve the request; if it is not approved, the funding stays where it currently is appropriated. Almost half of this request ($7 billion) would come from funds that have been allocated to the Children’s Health Insurance Program; $5B of that may be appropriate since it can’t be spent, but $2B are allocated to an important contingency fund that allows the program to continue in economic challenges.

**Farm Bill (House Version)** – The House’s version of the Farm Bill failed on Friday. The earliest that this will be re-visited in the House will be mid-June; it is unknown what form it might take. It is possible that the Senate version, expected to be significantly different from the House version, will come out before the next House version. At the Board’s request, Ms. Williams has been researching to find out if there is anyone locally organizing around public awareness of the impact that House-proposed changes to the SNAP program might make; she has not found anyone. This may be in part because organizations are waiting to see what proposals are receiving serious consideration. In case the House version comes back in a similar form, staff asked the Board to consider taking a position on this issue.

**MOTION:** To STRONGLY OPPOSE the House version of the Farm Bill.  
Motion/Seconded/Carried Unanimously

The Board is interested in having further discussion, perhaps at the board retreat, on whether the Health District (in partnership with other local organizations) should have a role in public education about the link between hunger and health, and why policies like the Farm Bill can make a big impact on local families.

**Special District Rep on URA Board: Intro and Job Description**
Included in the meeting packet is the draft document titled “Job Description – Special District Representative on the City of Fort Collins Urban Renewal Authority Board” for the board’s consideration and approval. The attached memo from Support Services Director Chris Sheafor provides background information pertaining to 2015 legislation that, among other provisions, requires representation from affected taxing authorities, including special districts, on local URA boards and that any new Tax Increment Financing (TIF) proposals be approved by all such affected taxing authorities.

Mr. Sheafor provided a brief overview of tax increment financing for the board, its intent in improving local communities, and how it impacts the amount of revenue that special districts, such as the Health District, receive. Even before the passing of HB15-1348, there have been local efforts to create a fair way to evaluate TIF projects, and after the passage of the bill, to comply with the laws’ provisions and requirements. A regional study group was formed and came up with an impact model and other criteria to use to evaluate projects that come forward, as well as developed Intergovernmental Agreements (IGAs).

To meet the requirement for special district representation on the URA Board, the Health District was asked to take the lead and facilitate a meeting where all special districts overlapping the Fort Collins city boundaries were invited, in order to be sure they understood the issue and the local plans, and to solicit interest in selection of a special district appointment of a board member to...
the URA board representative. Only two Districts expressed interest in proposing a board member and following the process closely: the Health District and the Poudre River Library District. An application and interview process was developed, but in the end only one applicant remained, Mr. Joe Wise, a Poudre River Library District board member. As the special district representative, it will be his responsibility to participate in URA Board meetings, represent the interests of special districts, and report back information to Mr. Sheafor in any actions taken by the URA that would impact special districts so that he can pass it along to all interested local special districts.

MOTION: To approve the Job Description of the Special District Representative on the URA Board.
Motion/Seconded/Carried Unanimously

UPDATES & REPORTS
Executive Director Updates
Ms. Plock highlighted the following activities in her report:

- **Health Care Working Group** – This group is a subgroup of the Northern Colorado Legislative Alliance and includes high level representatives of hospital systems, health care and behavioral health provider organizations, and businesses. Ms. Plock facilitated the group’s second meeting to help the group determine priorities. Two priorities that rose to the top of the list were: behavioral health and workforce. **HealthinfoSource (HIS) Redevelopment Project** – Staff is working with a vendor, Nerdy Minds, to figure out how to make the HIS web site more usable and user friendly.

- **Medicaid Accountable Care Collaborative (MACC)** – The MACC project is a collaboration between Salud Family Health Centers, Family Medicine Center, Associates in Family Medicine, SummitStone Health Partners, and Rocky Mountain Health Plans who have pooled their ACC money received from the state to provide care coordination services to a specific population of Medicaid clients who have complex needs and need moderately intensive to intensive care coordination. The Health District facilitates and provides staff support for the group. The state’s Department of Health Care Policy and Financing, which manages Medicaid and started the Accountable Care Collaborative programs, is initiating a major change in the model, including assigning responsibility for both primary care and behavioral health Medicaid services to new entities called Regional Accountable Entities, or RAEs. With the new changes, it was uncertain whether the practices and RMHP would be willing to continue to pool their dollars to keep the current MACC model going, but in a recent meeting, there was assurance that commitment will continue for at least the next year. An evaluation of the project is currently underway and a report of the first section of results of the evaluation are expected in the next month.

- Ms. Plock was invited to and recently participated in a CEO roundtable hosted by Bizwest which included top level representatives from health care systems and organizations. The roundtable was an opportunity to discuss what is happening in health care in northern Colorado. Top topics of the discussion were, as noted in the Healthcare Working Group, health care costs (costs, costs, and costs!) and workforce.

- **Dental Services Director** – The search for a new Dental Services Director has begun and the job has been posted.

- **Rethinking Addiction** – SUDs Public Awareness Campaign Kickoff – Ms. Plock complimented Ms. Lin Wilder, Community Impact Director, and her team, as well as many other people in the organization who participated, on doing a fabulous job with the
kickoff events held on May 16. While staff originally thought it would be great to reach the level of 150 participants throughout the day, about 450 registered. She was very proud of the work and quality put into it and is hopeful that this is just the beginning of further community conversations and education to improve substance use disorder services.

- **Employee Appreciation Day** – The annual Employee Appreciation Day luncheon was held last week. It was very well attended and participants were enthusiastic.
- **New board member orientations** were completed on May 21.
- **Larimer Health Connect** received full funding from Connect for Health Colorado for the next enrollment period. Though the Colorado Health Foundation is no longer providing community funding, the C4HC grant is anticipated for the next two years (though the funding amount for year 2 is unknown at this time).

**Outcome of Kickoff for Transforming our Approach to Substance Use Disorders:**

**“Rethinking Addictions,” May 16; other CIT updates**

On May 16 the Community Impact Team, utilizing funds from a Colorado Health Foundation grant and the Health District, held three events to kickoff efforts to transform perceptions around substance use disorders. A morning event was held for health and behavioral health providers (146 attended); a four-hour lunch and afternoon event was held for behavioral health providers and criminal justice members (158 attended); and an evening event was available to the general public (approximately 150 attended).

Dr. Corey Waller, an addiction, pain, and emergency medicine specialist and nationally known speaker, spoke at each of the events, eloquently illustrating the impact of addiction on the brain, and what it takes to effectively intervene. The evening session was videotaped and can be accessed via the Health District’s Facebook page or on YouTube. Since the event, staff have been working to determine next steps and activities to use the information and high community interest to jumpstart local improvements in substance use disorder treatment.

In other updates, the “What Will It Take? Solutions to Mental Health Service Gaps in Larimer County” report is printed and available. The report includes recommendations for some new services as well as increasing levels of current services. A press release was written and yielded articles in the Coloradoan and BizWest publications. An outreach plan is being developed that will include staff providing presentations to interested groups.

Staff are also working with vendor Toolbox Creative on a 3 year public awareness campaign specifically addressing the issue of substance use disorders. Public messaging for the campaign should be coming out around late August.

**PUBLIC COMMENT (2nd opportunity)**

None.

**CONSENT AGENDA**

The consent agenda was removed and postponed to a future meeting when all 3 past board members would be present to approve. (Ms. Sullivan, Mr. Liggett, and Dr. Naqvi)

**ANNOUNCEMENTS**

- June 26, 4:00 pm – Board of Directors Regular Meeting
- July 24, 4:00 pm – Board of Directors Regular Meeting
August 7 – Board of Directors Annual Retreat

Ms. Gutilla noted that she may not be able to attend the June meeting in person, but might be able to via phone. Ms. Gutilla also inquired as to the process for setting the agenda for the annual board retreat. The Board President and Executive Director usually develop a proposed agenda, to be considered at a board meeting. Any suggestions board members may have for agenda items can be brought forward at that time.

Conference Attendance by Board Members
Included in the budget are funds for each board member to attend one conference per year. The most popular conferences which board members have attended in the past are the American Public Health Association’s (APHA) Annual Conference and the Colorado Health Symposium. Ms. Stirling will contact the board members to find out which, if any, of the conferences they would be interested in attending.

Compass Honored for Writing and Design
Mr. Richard Cox, Communications Director, announced that the Health District’s Compass newsletter took top honors in a National Federation of Press Women (NFPW) competition this spring for the article “The Healing Side of Technology”. The article won first place in the 2018 National Communications Contest for a news story in a magazine, newsletter or other non-newspaper print publication. Another article, “Piecing Together the Puzzle of Youth Mental Illness” garnered a first-place finish at NFPW state-level competition. Both articles were written by Compass editor and NFPW member Julie Estlick. Compass was also recognized for its overall design, with graphic designer, Kristen Gilbert, earning first place in the at-large category in the state competition and an honorable mention in the national contest.

EXECUTIVE SESSION
A motion was made to go into Executive Session.

MOTION: For the purpose of discussion of matters under C.R.S. Section §24-6-402(4)(f) required to be confidential by federal or state law or rules and regulations pursuant to C.R.S. Section 7-74-701 et seq.
Motion/Seconded/Carried Unanimously

The Board retired to Executive Session at 5:30 p.m.
The Board came out of Executive Session at 5:55 p.m. No decisions were made in Executive Session, or after.

ADJOURN

MOTION: To adjourn the meeting.
Moved/Seconded/Carried Unanimously

The meeting was adjourned at 5:56 p.m.
Respectfully submitted:

Nancy Stirling, Assistant to the Board of Directors

Michael Liggett, Board President

Molly Gutilla, Board Secretary

Joseph Brows, Board Treasurer

[Absent]
Faraz Naqvi, Board Liaison to UCHC/Health-North/PVHS Board

[Resigned]
Deirdre Sullivan