



Marijuana

2019 Community Health Survey of Larimer County Residents

Marijuana is the second most common used psychotropic drug in the United States, after alcohol. Long term use can affect brain development, especially when used as an adolescent (CDC). In 2012, Colorado passed Amendment 64 which legalized recreational marijuana in the state. Since legalization, the Health District has included survey questions regarding marijuana on the 2013, 2016, and 2019 Community Health Survey.

Fast Facts

61% of Larimer County residents have ever tried marijuana

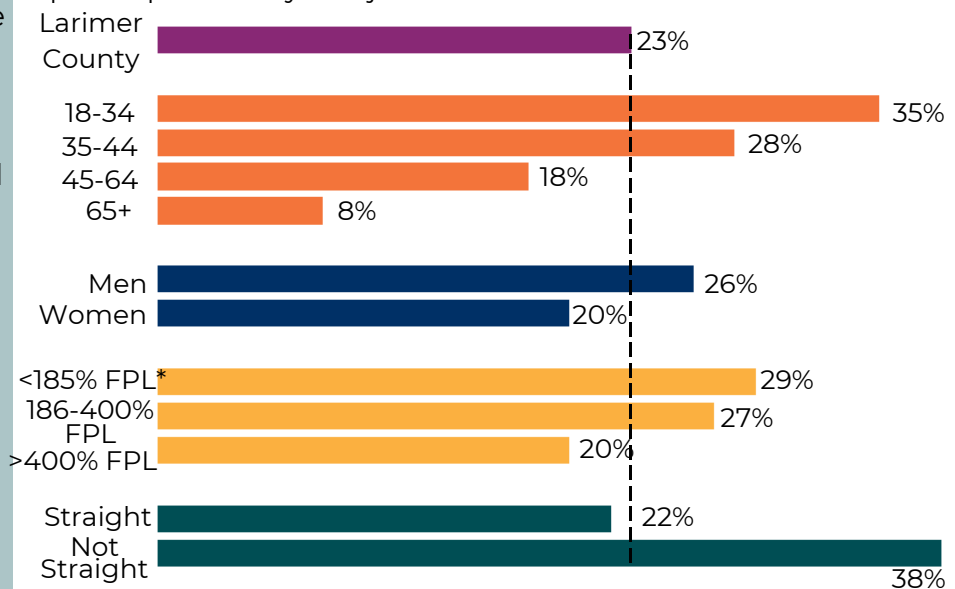
23% of survey respondents are current marijuana users (defined as any use in the past 30 days).

24% of current marijuana users reported driving a vehicle a least once within 2-3 hours of using marijuana

51% of survey respondents used marijuana in the past year for either medical or recreational purposes

Who is Using Marijuana in Larimer County?

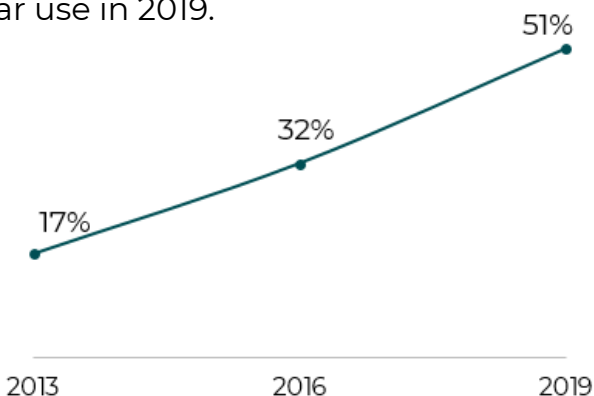
The chart below shows the percentage of each subgroup who reported past 30 day marijuana use.



*FPL, or Federal Poverty Level, is a measure of household income. This survey was conducted in 2019 and used 2018 income breakouts. For example, a 4 person household with annual income <\$46,435 would be categorized as <185%FPL.

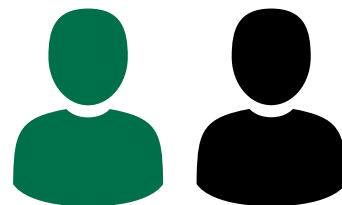
Marijuana Use is Increasing

Reports of marijuana use in the past year have tripled since 2013, with 51% of Larimer County residents reporting past year use in 2019.



Mental health and Marijuana Use

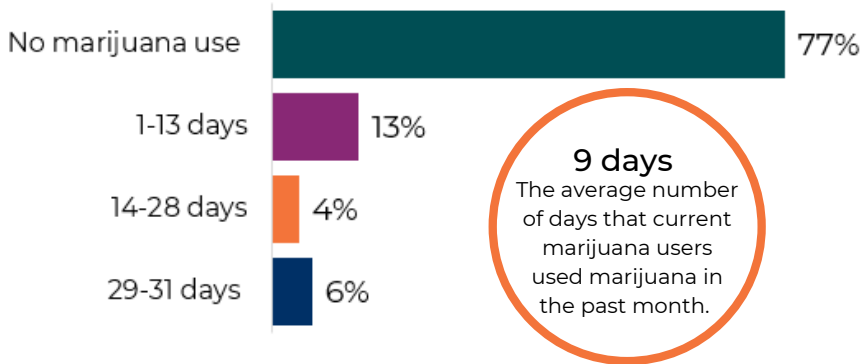
1 in 2 marijuana users has depression, anxiety, or other mental health issue



Close to half (47%) of those who reported current marijuana use also reported having depression, anxiety or other mental health issue. Furthermore, current marijuana users are 2x as likely to have considered suicide as a solution to their problems (6% vs. 12%).

Frequency of Use

Of those who reported past year marijuana use, how many days in the past month did you use marijuana?



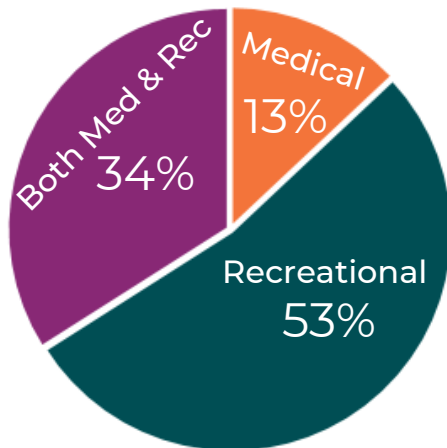
Marijuana Use in the Home



18% of adults reported living with someone who smokes marijuana or uses a marijuana-containing vaping device. 12% of adults with children under the age of 17 reported marijuana use in the home, compared to 20% of adults without children.

Types of Use

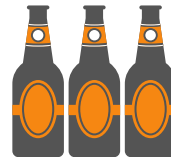
Those who reported marijuana use in the past 30 days were asked if they used marijuana for recreational or medical purposes.



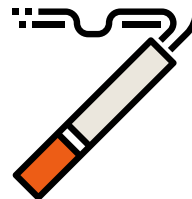
Other Factors that Influence Marijuana Use



Those who report depression, anxiety, or other **mental health issue** are 2x as likely to use marijuana (36% vs 18%).



Heavy Drinkers are about 2x as likely to report current marijuana use (41% vs 21%).



Over half (55%) of those who report current tobacco use also report current marijuana use. Current marijuana users are 4x as likely to use tobacco products than those who do not use marijuana (32% vs 8%).



24%
of current marijuana users reported driving a car within 2-3 hours of using marijuana

Trying to quit Marijuana?

SAMHSA National Helpline:
1-800-662-4357

AspenRidge Recovery:
877-212-1238

SummitStone Health Partners:
970-494-4200

