









Key Trends (Better, Worse, Same)

2019 Community Health Survey (Larimer County)

Where the trend is BETTER	Survey Year								
	1995	1998	2001	2004	2007	2010	2013	2016	2019
Health Care									
Increase in respondents who visited the dentist within past year			68%	66%	65%	68%	71%	74%	74%
Increase in respondents stating their access to health care whenever they need it is excellent or very good			66%	64%	68%	62%	65%	61%	67%
Increase in respondents who had a cholesterol screening in the past 5 years (both genders, 18+)			80%	75%	79%	80%	86%	84%	87%
Increase in respondents who had a diabetes screening within recommendation (within past 3 years, age 45+)			66%	66%	81%	80%	86%	86%	86%
Financial/Insurance Concerns									
Increase in respondents who were never without health insurance in past 3 years			76%	73%	78%	76%	80%	86%	85%
Increase in respondents with insurance that covers prescription drugs						79%	83%	90%	88%
Increase in respondents with insurance that covers mental health services						51%	58%	66%	67%
Increase in respondents with insurance that covers dental services					64%	59%	62%	70%	68%
Decrease in respondents who put off going to the dentist due to cost			40%	44%	42%	42%	39%	36%	33%
Substance Use									
Decrease in tobacco users (excluding e-cigarettes)			25%	20%	21%	18%	15%	12%	11%
Decrease in cigarette smokers			17%	15%	14%	11%	9%	8%	8%
Miscellaneous									
Increase in reports of someone in household needing and using mental health services in the past year			12%	14%	11%	17%	18%	15%	21%
Increase in respondents who always wear seatbelts when driving or riding in a vehicle			70%	77%	77%	84%	87%	89%	93%
Increase in respondents who never or rarely consume sugar sweetened beverages						60%	67%	72%	68%
Increase in respondents who got a flu shot/nasal mist during the last flu season						41%	51%	49%	57%












Key Trends (Better, Worse, Same)

2019 Community Health Survey (Larimer County)

Where the trend is WORSE	Survey Year								
	1995	1998	2001	2004	2007	2010	2013	2016	2019
Health Condition									
<u>Increase</u> in respondents with a BMI considered obese (30+) 			14%	15%	16%	15%	17%	18%	17%
<u>Decrease</u> in those who report excellent health status 			20%	19%	19%	21%	18%	19%	12%
Mental Health									
<u>Increase</u> in respondents who considered suicide in past year 			6%	6%	5%	4%	5%	7%	7%
<u>Increase</u> in those who currently have depression, anxiety, or other mental health problems 			20%	21%	19%	18%	20%	21%	30%
<u>Increase</u> in those who put off going to a mental health provider due to cost in past 2 years 					15%	14%	15%	16%	22%
Financial Concerns									
<u>Decrease</u> in respondents with private/employer insurance 							74%	72%	67%
Substance Use									
<u>Increase</u> in those who have ever used marijuana 							50%	60%	61%
Miscellaneous									
<u>Decrease</u> in respondents who never text message while driving 							65%	49%	44%


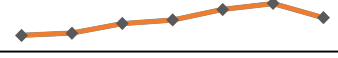


Key Trends (Better, Worse, Same)




2019 Community Health Survey (Larimer County)

Where the trend is STABLE		Survey Year								
		1995	1998	2001	2004	2007	2010	2013	2016	2019
Health Condition										
Percent of respondents who have ever had a doctor tell them they had diabetes				4%	4%	5%	5%	5%	6%	6%
Mean BMI of respondents				25.4	25.6	25.8	26.1	26.7	25.9	25.9
Health Care										
Blood pressure check within past 2 years				92%	90%	90%	90%	90%	90%	93%
Got care in Emergency Room in the past year					17%	15%	16%	16%	17%	18%
Have not had a dental cleaning or exam in more than 5 years or never				6%	8%	7%	7%	6%	6%	6%
Unable to fill a prescription due to cost in past 2 years				10%	14%	10%	13%	10%	10%	10%
Financial Concerns										
Very/somewhat worried they will be unable to afford the cost of health insurance						59%	63%	59%	59%	54%
Very/somewhat worried they will be unable to afford medical care						45%	48%	44%	47%	47%
Substance Use										
Mean drinks/week not including respondents who answered "zero"				6.7	5.6	5.9	5.9	6.3	6.2	6.2
Binge drinking (≥5/occasion for males & ≥4/occasion for females)					22%	20%	26%	24%	25%	23%
Heavy drinkers (≥14/week males & ≥7/week females)				10%	8%	6%	9%	10%	10%	10%

Key Trends Shifts from 2016 CHS to 2019 CHS

2019 Community Health Survey (Larimer County)

Trend Direction Switch from Better (in 2016) to Worse (in 2019)		1995	1998	2001	2004	2007	2010	2013	2016	2019
<u>Increase</u> in mean number of days where mental health was not good				4.6	4.5	4.2	3.6	3.1	3.1	3.5
<u>Decrease</u> in respondents with no days in past month where mental health was not good				38%	40%	48%	51%	60%	65%	53%
<u>Increase</u> in respondents who have no insurance				10%	12%	10%	12%	10%	4%	7%
<u>Increase</u> in those who drive one or more times after drinking 2 or more alcoholic drinks in the hour before				14%	8%	7%	6%	6%	4%	9%

Trend Direction Switch from Worse (in 2016) to Better (2019)		1995	1998	2001	2004	2007	2010	2013	2016	2019
<u>Decrease</u> in respondents who have no regular place for health care				11%	12%	12%	17%	19%	20%	15%
<u>Decrease</u> in respondents who put off going to a health care provider due to cost in past 2 years				28%	35%	29%	37%	33%	38%	30%
<u>Decrease</u> in of current smokers who do not intend to stop smoking in next 6 months					26%	34%	27%	35%	49%	40%

About the Triennial Community Health Survey Process

Every three years the Health District of Northern Larimer County (the Health District) conducts a community health survey of adults living in Larimer County, Colorado to determine the health status and health care needs of residents. A triennial process is used so that health trends may be followed and health service needs within the community can be understood on a regular basis. The information obtained from the assessment is used to guide the planning, implementation, and evaluation of services that the Health District provides. The first community health survey was conducted in 1995 and has been repeated every three years. The 2019 survey is

About the 2019 Community Health Survey

The 2019 community health survey was a written, 12-page, 70-question survey designed to collect data on a variety of health conditions and behaviors, healthcare affordability and coverage, access to healthcare and need for various services. A random-sample of approximately 12,000 households in Larimer County were contacted by mail and asked to participate in the survey through a secure online survey, or through the mail or. A total of 2,532 surveys were returned from adult residents of Larimer County, resulting in an overall response rate of 25%. Data was weighted by age and gender using the 2019 estimated Larimer County population from the Colorado State Demography Office. Weighting is a common statistical technique used to improve representation of underrepresented groups in the sample. This spreadsheet includes the results for surveys completed by adults in households within the Health District of Northern Larimer County service area; a total of 1,682 surveys.

About Interpreting the Community Health Survey Results

Some caution should be applied when interpreting survey results as only a part of the population, a sample, is used to represent the whole population. Sampling error (also referred to as the margin of error) can be estimated mathematically. In addition to sampling errors, caution is needed because there could be errors from things like how questions were worded or problems in how the survey was administered. These types of errors cannot be estimated mathematically, although good faith efforts were made to reduce known sources of bias

Statistical Significance Testing and Custom Analyses of Community Health Survey Results is Available

Contact the Health District's Research and Evaluation Team at survey@healthdistrict.org or 970-530-2777 if you have questions or a need for additional analyses and/or testing for statistically significant differences when comparing proportions.