Why is filling the gaps so important?

Mental illness and addiction is common and costly

Everyone knows someone who has experienced mental illness or addiction.

Thousands of residents have a diagnosable mental illness and/or substance use disorder in Larimer County. Many go untreated, which causes unnecessary pain and suffering to the individual, their families, and the community as a whole.

Local services and facilities are not always available

Although we have many quality services, Larimer County does NOT currently have the range of services and facilities that should be available to meet the needs of thousands of residents who need mental health services.

Treatment works!

And recovery is possible if the right treatment options are available and accessible to ALL individuals.

"We simply don’t have the treatment and support services we need to help our community members with mental health and substance use disorders have a fighting chance at recovery, and prevent more catastrophic outcomes. This is unacceptable."

Karen Morgan
Family member and friend of people with mental health disorders
## 2018 Recommendations Report: What does Larimer County need?

### Recommendations for developing new mental health services and expanding existing services capacity:

<table>
<thead>
<tr>
<th>Service</th>
<th>Current level of services available in Larimer County</th>
<th>Level of services available in Larimer County with proposed recommendations</th>
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<tbody>
<tr>
<td>Outpatient Treatment for Mental Illness</td>
<td><img src="#" alt="current" /></td>
<td><img src="#" alt="proposed" /></td>
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<tr>
<td>Hospital-Level Withdrawal Management</td>
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<td>Crisis Stabilization</td>
<td><img src="#" alt="current" /></td>
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<tr>
<td>Outpatient Addiction Treatment</td>
<td><img src="#" alt="current" /></td>
<td><img src="#" alt="proposed" /></td>
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<tr>
<td>Youth/Family Prevention &amp; Early Intervention</td>
<td><img src="#" alt="current" /></td>
<td><img src="#" alt="proposed" /></td>
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<td>Suicide Prevention Resources</td>
<td><img src="#" alt="current" /></td>
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<tr>
<td>Thorough Assessment &amp; Reassessment</td>
<td><img src="#" alt="current" /></td>
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<td>Assistance with Coordinating Care</td>
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<td>Medication-Assisted Treatment</td>
<td><img src="#" alt="current" /></td>
<td><img src="#" alt="proposed" /></td>
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<tr>
<td>Intensive Outpatient (IOP) Addiction Treatment</td>
<td><img src="#" alt="current" /></td>
<td><img src="#" alt="proposed" /></td>
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<tr>
<td>Residential Treatment for Addiction</td>
<td><img src="#" alt="current" /></td>
<td><img src="#" alt="proposed" /></td>
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<tr>
<td>Non-Hospital Withdrawal Management (aka detox)</td>
<td><img src="#" alt="current" /></td>
<td><img src="#" alt="proposed" /></td>
</tr>
</tbody>
</table>

**Key:**
- Little or no local, affordable capacity
- Additional capacity needed (High need)
- Additional capacity needed (Moderate need)
- Capacity meets most of the need

### Solutions to Mental Health Service Gaps in Larimer County

**New State-of-the-Art Model of Care**

- Family/youth services to help kids and families get help before a crisis and suicide prevention
- Support services in permanent supportive housing (100 individuals)
- Care coordination for those with most complex needs in the community (250 individuals)
- Thorough Assessments
- Medication-Assisted Treatment (1,800 individuals)
- Crisis Stabilization Unit (10 beds)
- Medical Clearance/Triage
- Non-Hospital Level Withdrawal Management (formerly known as detox) (26 beds)
- Development of long-term low-intensity residential beds (Halfway Houses) in the community
- Increasing outpatient capacity and access to medication-assisted treatment for those in need

#### Financial Summary

- **Facility Build Cost (60,000 square feet):** $30.7 million
- **Annual Operating Costs for ALL Recommended Services:** $21.6 million
- **Total Annual Service Revenues (State/Federal/Insurance):** $6.5 million
- **Total Annual Gap in Funding Needed for Larimer County:** $15.1 million
There are absolutely real cost offsets from providing treatment as opposed to putting people in jail or hospitals, and we have the data that backs that up. But what I’m more concerned with is human outcomes – helping families in our community, getting more people into treatment, and giving people a better chance at recovery. So, yes, expanding services is certainly going to have economic benefits, but more importantly it’s going to save lives.

Anne Hudgens
Executive Director
Colorado State University Health Network

Every $1 invested in addictions treatment yields a return of $4 to $12 by reducing unnecessary and costly use of:

- Emergency Rooms/Ambulances
- Hospitals/Health Care
- Law Enforcement/Jails/Courts

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2016 study (and 2018 update) commissioned by the Mental Health and Substance Use Alliance (MHSU) of Larimer County. Funded by the Health District, SummitStone Health Partners, and Larimer County.

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