

Expand wraparound services

Enhance access to comprehensive wraparound services, which encompass basic needs assistance, education support, skills training, cultural services, and parenting courses/support, either by direct provision or through warm referrals.

- Wraparound care takes a holistic approach to behavioral health and considers the individual’s strengths, needs, challenges, and social, cultural, and environmental factors.
- Behavioral health is often not a priority because there are other priorities in a person’s/family’s life. So even though youth may need behavioral health care, other basic needs will often come first.
- Multidisciplinary approach that can involve collaboration that ensures a comprehensive assessment and treatment plan.



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“ So one of the biggest successes that we’ve had in the past couple of years is it bringing information [about mental health] medication [...] in the language of their heart, which is Spanish. So, that has created that comfort level, you know, because it’s a safe space. We have facilitators that are native Spanish speakers that you know the parents identify with those facilitators, or even our staff so we’re trying to normalize the conversation about mental health.”

~ Key informant interviewee

“ We have a mix of many cultures, many backgrounds, many history in a few, that the services are not really equitable to be multicultural.”

~ Key informant interviewee

“ When I was younger, my mom also had to deal with a lot of things on her own and also didn’t have good access to mental health services. And I remember she kind of turned to us as her therapist and would vent a lot to us - which in hindsight probably wasn’t very healthy. But it definitely impacted us for sure, so I can imagine [...] it makes it a lot harder for sure when the parent also can’t access therapy services.”

~ Focus group youth