

# Establish and promote access to local comprehensive acute services for youth and families

- Establish a robust acute system of care to promote and expand a comprehensive system geared for youth and families’ needs through providing increased crisis services, intensive specialized treatment, and linkages from acute care interventions to community resources and services.

## A youth behavioral health facility can assist in providing the following:

- Increased crisis services
- Intensive and specialized treatment
- Help to stabilize a youth
- Support to the family and caregivers
- A safe environment
- Structure
- Transition planning
- Learning coping skills and emotional regulation
- Prevention of long-term consequences

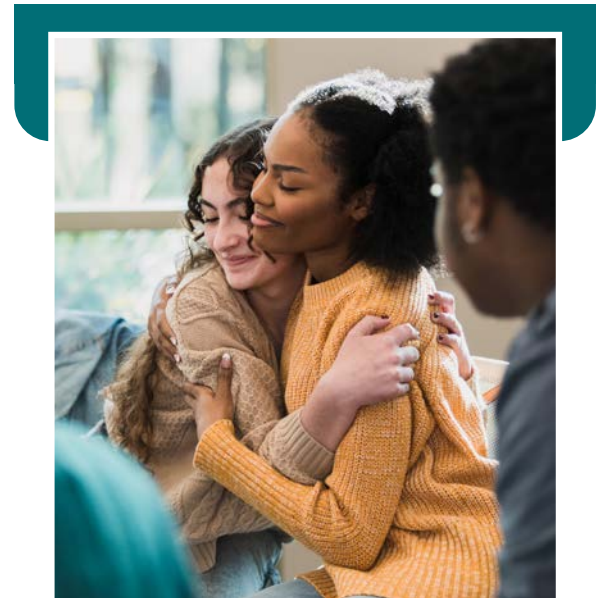


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“ I think something that allowed for more structured care that didn’t have to be full on inpatient would be huge. A lot of times we see that when we hospitalize someone for inpatient Psych, it is because the lower level of care that is appropriate is either full or doesn’t exist. And so things like those intensive outpatient services - where it’s multiple hours per week instead of one hour every week, every other week, or even partial hospitalization programs where you benefit from the programming but get to remain in your home environment.”

~ Key informant interviewee

“ We have limited resources in substance abuse treatment as far as individual therapists, but also residential. We don’t have any treatment options for them. Um, so that’s a huge one that we need help with.”

~ Key informant interviewee

“ Even finding a place for kids under twelve who need inpatient hospitalization, we have nothing for 60 miles radius, the closest would be Denver and that’s if they have any beds available. So for some of our kids who are struggling with significant mental health issues and safety when they’re under twelve, we have really no viable options for those families within our county.”

~ Key informant interviewee