

ADVANCE CARE PLANNING IN OUR COMMUNITY

2016 Survey of Larimer County Residents



Advance care planning is making decisions about the care you would want to receive if you became unable to speak for yourself. These are your decisions to make, regardless of the choice for care. These decisions may be based on your own personal values, beliefs, and preferences. Part of the planning process is to share your wishes with your family, friends, and medical providers.

What are people doing with their plan?

30% of Larimer County residents have completed an advance care directive. Of those individuals:



88% have talked with loved ones about their advance care directive.



35% have talked with a health-care provider about their advance care directive.



31% have given their advance care directives to their health-care provider.

get started with your advance care plan:

1. LEARN

2. DISCUSS

3. DOCUMENT

4. NOTARIZE

5. DELIVER & STORE

For more information please visit larimeradvancecare.org or call 970-482-1909 to make an appointment with an Advance Care Planning Guide.

The Most Common Directives

Medical Durable Power of Attorney

A document that legally appoints a health-care agent to make medical decisions for you when you are not able to.

Living Will

This directive is used only when two physicians have determined that the patient has a terminal condition or is in a permanent vegetative state. The directive documents your wishes related to life-sustaining procedures and artificial nutrition.

CPR Directive

This directive documents refusal of CPR in the event your heart or breathing malfunctions or stops.

Health District
OF NORTHERN LARIMER COUNTY

GENDER AND AGE

57% of adults **age 50 and over** have completed an advance care directive compared to just 11% of adults ages 18-49.

Also, females are more likely to have completed an advance care directive than males.

Females **32%** Males **23%**



INCOME

Lower income Larimer County residents are less likely to have completed an advance care directive than residents with a higher income.

24%

34%

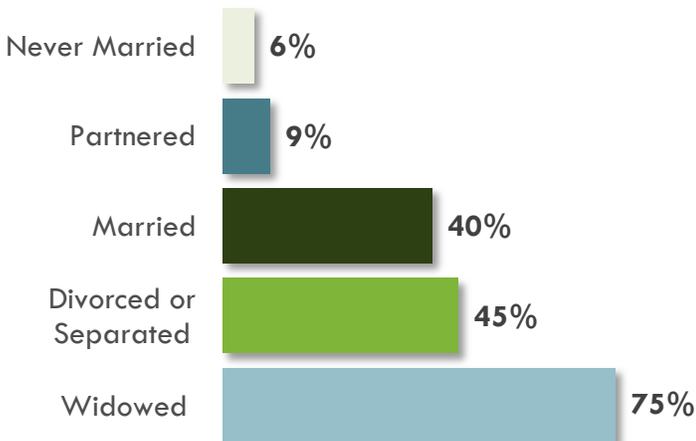
Lower Income (<250% FPL)

Above Lower Income (>250% FPL)

MARITAL STATUS

In Larimer County, residents that have never been married are the least likely to have completed an advance care directive (6%); individuals that are widowed are most likely to have completed an advance care directive (75%).

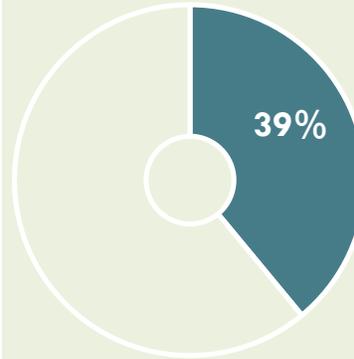
Percent of individuals with advance care directive, by marital status



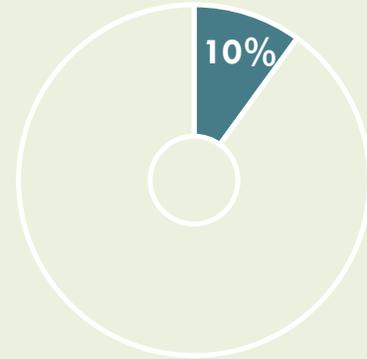
REGULAR HEALTH-CARE PROVIDER

In Larimer County, respondents with a regular health-care provider (39%) were almost 4x more likely to have completed an advance care directive than those that do not have a regular provider (10%).

Percent of individuals with advance care directive, by regular health-care provider



Have Regular Health-care Provider



NO Regular Health-care Provider

CHILDREN IN HOUSEHOLD

Individuals ages 18-49 with children under the age of 18 are more likely to have completed an advance care directive compared to households without children.

Percent of individuals ages 18-49 with advance care directive, by child status

