

Physical Health and Health Status

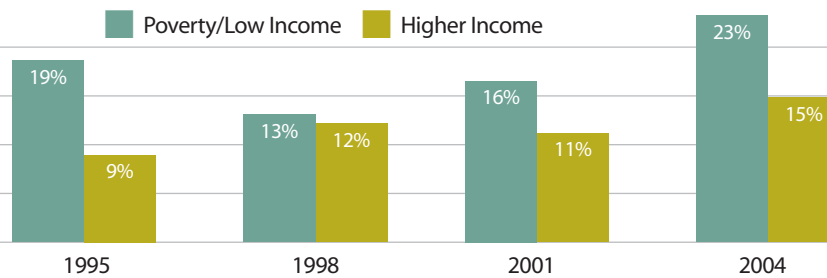
Physical Health

The percentage of respondents having been diagnosed with asthma has increased from 12% in 1998 to 17% in 2004. Young adults and those with low incomes have been most affected.

Trends for asthma

- Each survey year, the percentage of respondents with low incomes who have been diagnosed with asthma has been higher than for people with higher incomes.
- The percentage of respondents aged 18-34 reporting a diagnosis of asthma doubled from 12% in 1995 to 24% in 2004. All other age groups have remained steady.

PERCENT EVER DIAGNOSED WITH ASTHMA BY INCOME STATUS, 1995 TO 2004



Trends for high cholesterol

- The proportion of those aged 45-64 who had a diagnosis of high cholesterol has been increasing since 1998, from 32% to 41% in 2004.

Trends for hypertension

- The proportion of those aged 65 and older who have been diagnosed with hypertension has been increasing since 1995, from 46% to 58% in 2004.

Health Status

The elderly, those with low incomes and those with public forms of insurance are more likely to report being in poorer health.

Trends

- The percentage of those with low incomes reporting being in excellent or very good health has been decreasing since 1995.
- Each survey year, those aged 65 and above have had the lowest percentage of individuals reporting "very good/excellent" health status and the highest percentage of individuals reporting "fair/poor" health status.
- Each survey year, those with Medicaid and Medicare have had a lower percentage of respondents reporting "very good/excellent" health status compared to those with commercial or no health insurance.



Goal

Reduce the proportion of adults with high total blood cholesterol to **17%**

Health District

24% of adults had been diagnosed with high cholesterol