

2013 COMMUNITY HEALTH SURVEY

tobacco



Fifty years ago the first Surgeon General's Report on smoking and health linked smoking with poor health outcomes, spurring tobacco control efforts across the United States. In the past 50 years smoking rates in the United States have been cut in half, however, smoking still causes nearly 500,000 premature deaths each year.

HERE'S A CLOSER LOOK AT TOBACCO USE IN OUR COMMUNITY

HOW DO WE COMPARE



9%

OF HEALTH DISTRICT ADULTS SMOKE

18%

OF COLORADO ADULTS SMOKE



20%

OF AMERICAN ADULTS SMOKE

TRYING TO QUIT USING TOBACCO?

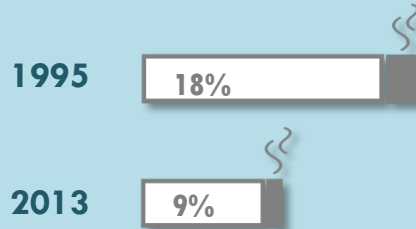
Please click [here](#) for information regarding The Health District's Step Free from Tobacco Program.



decline in smoking

The adult smoking rate in the Health District was cut in half between 1995 and 2013.

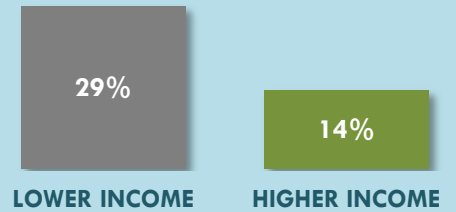
While smoking is down, use of other types of tobacco are on the rise.



income

Adults with household incomes at or below 185% of the Federal Poverty Level (FPL) were twice as likely to use tobacco products (29%) as those with higher incomes (14%).

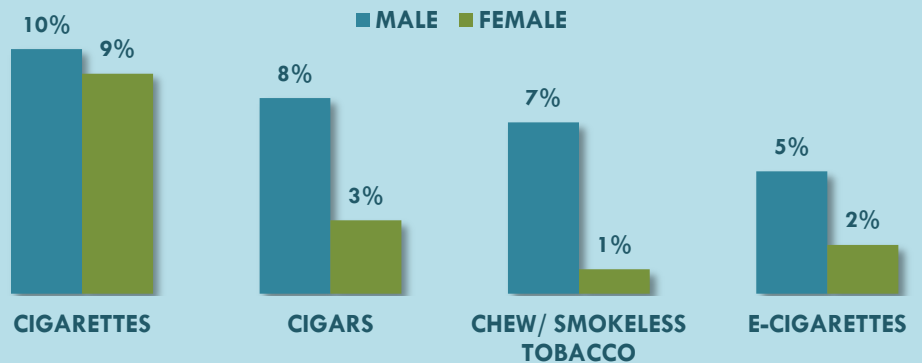
PERCENT OF TOBACCO USERS, BY INCOME



gender

While men and women use cigarettes at a similar rate, males are more likely than females to use other types of tobacco.

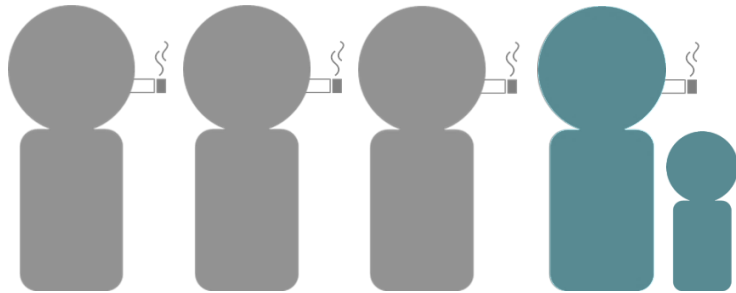
USE OF VARIOUS TOBACCO TYPES, BY GENDER



SECOND HAND SMOKE

1 in 4 cigarette smokers have a child 17 or under in their home.

Cigarette smoking poses a risk not only for the smoker, but also for others present.



INTENT TO QUIT

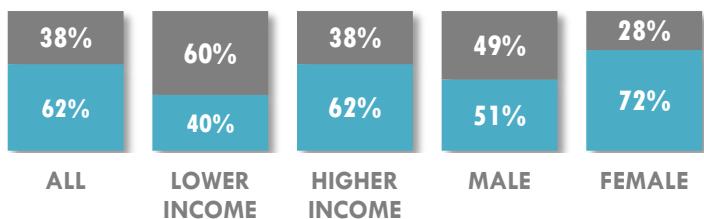
In 2013 more than 60% of cigarette smokers said they intended to quit in the next 6 months.

Male smokers were evenly divided between those who intended to quit smoking and those who didn't; however, female smokers were more likely to be thinking about quitting than any other group of respondents.

Those with household incomes at or below 185% of the Federal Poverty Level were less likely to be thinking of quitting and reported making fewer attempts to quit in the last 12 months.

INTENT TO QUIT SMOKING AMONG CURRENT SMOKERS

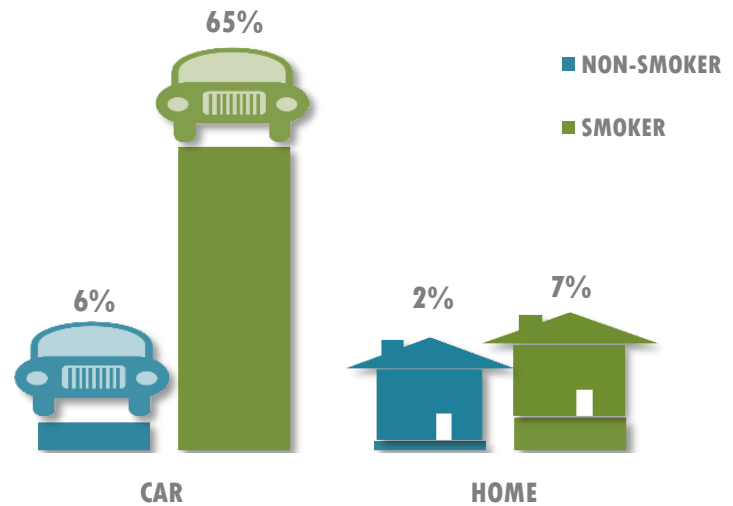
■ INTEND TO QUIT ■ DO NOT INTEND TO QUIT



SMOKING RULES

While most adults (smokers as well as non-smokers) have strict rules about smoking in their homes, we see many more smokers who still allow smoking inside their vehicles.

PERCENT OF ADULTS THAT ALLOW SMOKING IN THE HOME OR IN THE CAR, BY SMOKING STATUS



SMOKING POLICY

While smokers were more evenly split between favoring or opposing proposed policies that would prohibit smoking in outdoor public areas such as restaurant patios, recreation areas, or playgrounds, non-smokers were more likely to be in favor of such policies.

"WOULD YOU FAVOR OR OPPOSE POLICIES THAT WOULD PROHIBIT SMOKING IN OUTDOOR PUBLIC AREAS"

■ IN FAVOR ■ NO OPINION ■ OPPOSE

