

## MOUNTAIN CREST BEHAVIORAL HEALTHCARE CENTER/PVHS

4601 Corbett Dr.  
Fort Collins, CO 80525  
(970) 207-4800

### AGENCY/ORGANIZATION DESCRIPTION

The Mountain Crest Behavioral Healthcare Center, a part of the Poudre Valley Health System, is a private, non-profit community-based psychiatric hospital. Mountain Crest provides a full continuum of mental health and substance abuse services for adolescents, adults, and seniors. Referrals are accepted from patients, family, friends, clergy, agencies, physicians, and mental health workers. Mountain Crest accepts Medicare, Medicaid, and commercial insurance. Programs for the medically indigent are available to those who qualify.

**ANNUAL RESOURCES AVAILABLE** to provide mental health and substance abuse services as reported August, 2000: **\$3,177,206.00**

Services	Description	Population Served	#'s Served Annually
<b>Outpatient</b>			
<b>Partial Hospitalization Adult</b>	Organized therapeutic, psychiatrically supervised program of high intensity that requires a minimum of 4 hours/day, at least 3 days/week. Programming provides bio-psychosocial treatment including psychiatric care and at least 2 of: group therapy, skills development, socialization skills, family therapy	See PVHS admission criteria for each program, also eligibility varies by each managed care company.	Total Served for all outpatient = 3600
<b>Partial Hospitalization Adolescent</b>	Same as Adult	13-18 year olds, 12 year olds on a case by case basis.	included
<b>Partial Hospitalization Adult Addictive Diseases</b>	Same as above with a focus on treating addictive disorders		included
<b>Intensive Outpatient (IOP) Adult</b>	Slightly less intensive than partial hospitalization program		included
<b>Intensive Outpatient (IOP) Adolescent</b>	Slightly less intensive than partial hospitalization program	13-18 year olds, 12 year olds on a case by case basis	included
<b>Intensive Outpatient (IOP) Addictive Disease, Adult</b>	Slightly less intensive than partial hospitalization program with a focus on treating addictive disorders		included
<b>Intensive Outpatient (IOP) Addictive Disease, Adolescent</b>	Slightly less intensive than partial hospitalization program	13-18 year olds, 12 year olds on a case by case basis	included

## MOUNTAIN CREST BEHAVIORAL HEALTHCARE CENTER/PVHS

Services	Description	Population Served	#'s Served Annually
<b>Inpatient</b>			
<b>Inpatient Adult</b>	Short-term psychiatric treatment within a psychiatric inpatient treatment unit for rapid stabilization and treatment of acute symptoms and risk factors.		492
<b>Inpatient Adolescent</b>	Same as above.	13-18 year olds, 12 year olds on a case by case basis	194
<b>Inpatient Adult Addictive Disease</b>	Focused medical detoxification treatment within a licensed detoxification inpatient facility for rapid destabilization and treatment of acute symptoms and risk factors		116
<b>Residential</b>			
<b>Residential Treatment Center</b>	New facility, description not available	Adolescents	
<b>Aftercare/Transition/Step down -- NONE</b>			
<b>Prevention/Education -- NONE</b>			
<b>Info and Referral -- NONE</b>			
<b>Crisis</b>			
<b>PVHS Emergency Room</b>	provides crisis care	Anyone	
<b>Crisis Response</b>	Mtn. Crest staff provide coverage at emergency room and Mtn. Crest for crisis response	Anyone	
<b>Other</b>			
<b>Consult Bed</b>	6-8 hours, not appropriate for hospital admission, but there is a disposition problem which can be resolved in the morning.	Needing services but not needing inpatient admission	16
<b>23-hour Observation Bed</b>	Used when there is a need for more time to evaluate the patient.	Needing services but not needing inpatient admission	40

## MULTI-DISCIPLINARY ASSESSMENT TEAM (MDAT)

151 South College Avenue, Suite G  
Fort Collins, CO 80524  
(970) 482-8888

### AGENCY/ORGANIZATION DESCRIPTION

The Multi-Disciplinary Assessment Team [MDAT], part of the Department of Probation, an agency of Larimer County, is funded through state dollars (Senate Bill 94). The purpose of MDAT is to get juvenile offenders referred to community agencies that can provide services necessary to minimize the need for detention and maximize the youth's potential.

**ANNUAL RESOURCES AVAILABLE** to provide mental health and substance abuse services as reported August, 2000: **\$498,240.00**

Services	Description	Population Served	#'s Served Annually
<b>Outpatient</b>			
	Screening detained clients when no supervision/sentencing has been ordered.		Not available
<b>Treatment Services</b>	Jacob Center Weekenders. Alternative sentencing for juveniles. Supervised community service and educational assignments, journaling and discussions on conflict resolution, values clarification, family roles, communication and substance abuse.	Sentenced youth referred by court order.	Not available
	In-home mental health services		Not available
	Outpatient mental health services		Not available
	Outpatient alcohol and drug counseling		Not available
	Tutoring, job readiness, vocational training, counseling, life skills, parenting, leadership and outdoor ed. Parents in control.		Not available
	Electronic home monitors, mentors, case management		Not available
	Mediation, crisis/conflict management		Not available
<b>Inpatient -- NONE</b>			
<b>Residential -- NONE</b>			
<b>Aftercare/Transition/Step down -- NONE</b>			
<b>Prevention/Education</b>			
<b>Training for Clients and Families</b>			Not available
<b>Parenting Training</b>	Parents in Control, training for parents in successful interactions with youth		

## MULTI-DISCIPLINARY ASSESSMENT TEAM (MDAT)

Services	Description	Population Served	#'s Served Annually
<b>Info and Referral – NONE</b>			
<b>Crisis – NONE</b>			
<b>Other</b>			
<b>Client Assessment and Evaluation</b>	Psychiatric assessments, medical evaluations and/or substance abuse assessments.		Not available
<b>YOR Team and Fee for Service, Screening</b>	YOR Team and Fee for Service Screening for detained clients when supervision/sentencing has been ordered. Also includes monitoring of detention rosters and locating screening and assessment guides needed for admission.		Not available
<b>Direct Support Services</b>	Directly provided or Fee for Service, provision of books, tuition, rent assistance, medication, day care, recreational activities.		Not available
<b>Supervision</b>	Directly provided or fee for service		Not available
<b>Restorative Services</b>	Fee for service, mediation, crisis/conflict management		Not available

## NAMAQUA CENTER

549 East 8<sup>th</sup> Street  
 Loveland, CO 80537  
 (970) 669-7550

### AGENCY/ORGANIZATION DESCRIPTION

The Namaqua Center, a public, non-profit agency, provides intensive treatment, special education and therapeutic foster care for children aged 3-12 and their families. Children eligible for services have experienced abuse, trauma, or other developmental problems. Medicaid clients must be approved through the Larimer Center for Mental Health.

**ANNUAL RESOURCES AVAILABLE** to provide mental health and substance abuse services as reported August, 2000: **\$1,809,221.00**

Services	Description	Population Served	#'s Served Annually
<b>Outpatient</b>			
<b>Individual Therapy</b>	Traditional individual therapy	Children who have experienced abuse, trauma, or other developmental disruptions in their lives and who are experiencing behavioral, emotional, family or school problems.	Not available
<b>Family Therapy</b>	Traditional family therapy	For families of children being served by the Namaqua Center	Not available
<b>Marital Therapy</b>	Traditional couples therapy	For parents of children being served by the Namaqua Center	Not available
<b>Sexual Perpetrator Group Therapy</b>	Group therapy for kids who have been victims of sexual abuse	Kids who have been victims of sexual abuse	Not available
<b>Inpatient -- NONE</b>			
<b>Residential</b>			
<b>Residential Treatment Program</b>	Intensive counseling for the whole family, on school grounds w/individualized and small group instruction, safe nurturing therapeutic environment w/consistent structure.	8-13 year olds with DSM IV Diagnosis	Not available
<b>2<sup>nd</sup> RTC opened on August 14, 2000</b>	Same as above	3-7 year olds with DSM IV diagnosis	Not available

## NAMAQUA CENTER

Services	Description	Population Served	#'s Served Annually
<b>Aftercare/Transition/Step down -- NONE</b>			
<b>Prevention/Education</b>			
<b>Youth Crime Prevention/Intervention Grant</b>	Provides consultation and training to preschool and daycare teachers in Loveland regarding kids they are struggling with.	Any preschool or daycare. No diagnosis required.	Not available
<b>Larimer County Workforce Center Cooperative Agreement</b>	Provides consultation and training to preschools and daycare teachers regarding kids of Moms receiving Temporary Aid to Needy Families (TANF) that they are struggling with.	TANF Moms	Not available
<b>Info and Referral – NONE</b>			
<b>Crisis -- NONE</b>			
<b>Other</b>			
<b>Psychological Evaluations</b>	Provide psychological evaluations on request		Not available
<b>Adoption Studies</b>	Conduct home studies prior to adoption (required for adoption)		Not available
<b>Social History</b>	Conduct social history reviews on kids for permanency planning		Not available
<b>Day Treatment - Loveland</b>	Individualized and family therapy, case management. Collaboration with Thompson Schools. Families are required to be involved.	Families of kids involved in Day treatment program	Currently no kids in this program.
<b>Day Treatment - Fort Collins</b>	Will be starting Day Treatment program collaboration with Poudre Schools and LCMH, same model as above.		Not available

**POUDRE HEALTH SERVICES DISTRICT  
(HEALTH DISTRICT)**

120 Bristlecone Drive  
Fort Collins, CO 80524  
(970) 224-5209

**AGENCY/ORGANIZATION DESCRIPTION**

The Poudre Health Services District [Health District] is a local non-profit public agency that provides medical, mental health, dental and preventive health services to residents of northern Larimer County. The district encompasses the northern two-thirds of Larimer County and includes the cities of Fort Collins, LaPorte, Timnath, Wellington, Livermore and Red Feather Lakes. Mental health services are provided through a psychiatric medications clinic and the Mental Health Connections program.

**ANNUAL RESOURCES AVAILABLE** to provide mental health and substance abuse services as reported August, 2000: **\$269,423.00**

<b>Services</b>	<b>Description</b>	<b>Population Served</b>	<b>#'s Served Annually (1999)</b>
<b>OUTPATIENT</b>			
<b>In-House Therapy</b>	Adult general individual and couples therapy	Adults and older adolescents meeting Health District criteria (low income, no insurance)	94 people (446 sessions)
<b>Psychiatric Medication Clinic</b>	Medication evaluation clinic to determine medical necessity of psychotropic interventions. Includes: ongoing medication follow up, referral to health and human service agencies (e.g., Prescription Assistance and primary care) and support for laboratory tests as needed, traditional private practice psychiatry model (individual not group). Primary goal of clinic is to ensure that low income, non chronic, non acute people receive psychiatric services. Goal = linking people to primary care.	Must meet Health District income eligibility requirements (185% of FPG) and clinical criteria, non acutely mentally ill, and non chronically mentally ill who are currently enrolled in the PHSD pro bono program or have a primary care provider who is requesting a psychiatric consult to manage medication(s)	79 people (172 patient visits)
<b>Prescription Assistance</b>	Issues vouchers for psychotropic medications and processes requests for free or discounted medications from manufacturers.	Must meet Health District income eligibility.	471

## POUDRE HEALTH SERVICES DISTRICT

Services	Description	Population Served	#'s Served Annually (1999)
<b>Prevention/Education</b>			
<b>Screenings/self-screenings</b>	Provides screenings for depression, eating disorders, anxiety disorders, alcohol use and suicide	Adults and adolescents, no eligibility criteria	375 people served
<b>Info and Referral</b>			
<b>Pro Bono</b>	Intakes, case management and referral to therapists willing to provide low-cost therapy.  Programs and recruits volunteer therapists that are matched with mental health clients with low income who can not receive services elsewhere and are not chronically mentally ill.	All ages, must meet Health District criteria (low income, no insurance)	465 people served (1,970 sessions)
<b>Therapist Referral</b>	Provides telephone and web-based individualized referrals to more than 220 local therapists and mental health and substance abuse information	All, no eligibility	781 phone referrals (3,684 hits to web page)
			<b>Total People Served:</b> 1,013 people served (plus 446 inhouse sessions, 172 psychiatric medication sessions, 1,970 pro bono sessions and 3,684 internet hits)
<b>Crisis -- NONE</b>			

## POUDRE SCHOOL DISTRICT (PSD)

2407 LaPorte Avenue  
Fort Collins, CO 80521  
(970) 482-7420

### AGENCY/ORGANIZATION DESCRIPTION

The Poudre School District, a public school district, serves Fort Collins, Laporte, Wellington and surrounding mountain communities. Mental health and substance abuse services are provided by mental health staff, including psychologists and counselors, through special education classes for students with significant identifiable emotional disorders and through grant supported programs.

**ANNUAL RESOURCES AVAILABLE** to provide mental health and substance abuse services as reported August, 2000: **\$1,292,450 just for mental health personnel,**

**\$8,149,781.00 for mental health personnel, special education expenses related to mental health and grant supported programs related to mental health and substance abuse.**

Services	Description	Population Served	#'s Served Annually
<b>Outpatient -- NONE</b>			
<b>Inpatient -- NONE</b>			
<b>Residential -- NONE</b>			
<b>Aftercare/Transition/Step down -- NONE</b>			
<b>Prevention/Education</b>			
<b>MH Personnel in Schools</b>	School counselors, psychologists and social workers provide screening, assessment, diagnostic, case management and counseling services	All students	
<b>Direct Services -- Moderate Needs</b>	Students receive support more than 50% of the day. Support is related to emotional or behavioral concerns K-12	Students with a "significant identifiable emotional disorder," meaning that the student has emotional or social functioning which prevents the child from receiving reasonable educational benefit from regular education. A moderate needs program is for students who need support 50% of the school day.	118 -Elementary 89 - Jr. High 66 - High School

## POUDRE SCHOOL DISTRICT (PSD)

Services	Description	Population Served	#'s Served Annually
<b>Self-contained (Severe Needs)</b>	Nearly 100% of the academic day is spent in a self-contained classroom, students may attend art or music with other peers.	Students with a "significant identifiable emotional disorder," who: 1) are not able to benefit from moderate needs setting; or 2) have been in the hospital for 6 months or more or have been in a residential program and are transitioning back to the district; or 3) have been involved in a significant incident such as an assault or a complete psychological decompensation at school.	28 - Elementary 42 - Jr. High 34 - High School
<b>Day Treatment</b>	The PSD partners with other agencies for day treatment services (MAC, Jacob, Namaqua). These programs have therapist intervention daily and a family component.	Students with a "significant identifiable emotional disorder" who have not benefited from school-based programs.	
<b>Village School</b>	A separate facility within PSD that works with students who would otherwise be in danger of expulsion. The program is highly specialized and includes daily therapy, drug testing, and requires the students to wear uniforms.	This program is for students who: 1) are habitually disruptive; or 2) have been involved with weapons or violence; or 3) have been involved with the sale or distribution of drugs.	55

**POUDRE SCHOOL DISTRICT (PSD)**

<b>Services</b>	<b>Description</b>	<b>Population Served</b>	<b>#'s Served Annually</b>
<b>Consultation Agreement with CSU</b>	Contract with Dr. Lee Rosen, Department of Psychology at CSU and two doctoral-level grad students. Dr. Rosen and one student consult with School District personnel to develop individual behavior plans for students. The other grad student works with the severe-needs class at Bennett Elementary.	Any student needing an individual behavior plan that is beyond the scope of the classroom teacher's skill or experience.	
<b>Dually Diagnosed Classroom</b>	A very specialized program (self-contained classroom) at Riffenberg Elementary	For students with low cognitive functioning and a mental health issue	7
<b>Services Provided Outside Larimer County</b>	Contracts with agencies outside of Larimer County to provide services (e.g., Cleo Wallace)	Students needing specialized services that are not available in Larimer County	
<b>Partnership with MAC</b>	New program to begin next year. MAC will provide the therapy staff; PSD will provide the teaching staff.  Goal is to decrease the need to send students out of Larimer County for services (currently 40 students being served outside Larimer County)	Students with specialized, high intensity needs	
<b>Partnership with Mountain Crest</b>	New program to begin next year. Mountain Crest will provide the therapy staff; PSD will provide the teaching staff.		
<b>Info and Referral -- NONE</b>			
<b>Crisis -- NONE</b>			