

Connections

The Newsletter of the Connections Program

A Partnership between the Health District of Northern Larimer County and the Larimer Center for Mental Health

Resources for the Community

Suicide Resource Center 8th Annual Suicide Awareness Walk

Sunday, **June 14, 2009** will be the 8th Annual Suicide Awareness Walk (one mile walk and candlelight vigil).

6:00 pm: Sign-in and Registration Begin

7:00 pm: Walk Begins

7:30 pm: Candlelight Vigil



Where: Old Town Square, Fort Collins
(at the stage area Northeast of the corner of College Avenue and Mountain Avenue)

To register for the walk, please call Suicide Resource Center at (970) 635-9301 or visit www.SuicideResourceCenter.org.



Group Supervision

This is an ongoing group providing supervision for people who need hours for licensure. Space is limited. This group meets two time per month for an hour each time.

The cost is \$35.00 per session. The location is in Old Town, Fort Collins. There are two facilitators: Rachel Isenberg, LCSW, ACSW and Maggie Tibbitts, LCSW.

If you are interested in participating in this group, please call Rachel at (970) 490-6851 or Maggie at (970) 988-4173.



Kids, Horses and Healing

A therapeutic riding retreat for bereaved children and teens will be held on Sunday, **June 14, 2009** at the Hearts and Horses Therapeutic Riding Center in Loveland. Please call Pathways for Grief at Loss at (970) 663-3500 for fee and registration information. Space is limited in most groups, please plan to register early.



Thriving in the Community
May 7, 2009

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We encourage you to submit short articles (50-500 words) on therapeutic approaches, mental health topics, case studies, or therapeutic book/movie reviews, etc., & will publish them as space allows. We reserve the right to edit all submissions.

Connections

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To view Connections Newsletter and the
Professional Bulletin Board online:
www.healthdistrict.org/connections

Connections is published 6 times/year. The purpose of *Connections* is to offer information on current therapy groups and services in the community; provide updates on services available through the Connections Program; and offer a place where information on community happenings of interest to mental health and human services providers can be shared.

Submissions are welcome. E-mail them to Carrie Husted at chusted@healthdistrict.org by the following deadlines:

NEXT EDITION: July/August 2009
Article Deadline: June 15, 2009

Submissions printed in *Connections* do not necessarily reflect the views of the Connections Program. Our editorial staff do not check the credentials of individuals wishing to submit groups or other listings. If you have concerns regarding credentials or other issues, please contact the group leader or author of the article directly. Thank you.

Helping Clients Connect to Mental Health and Substance Abuse Services

Did you know that you can help your clients connect to mental health and substance abuse services by referring them to Connections.

Connections is a convenient and consumer-friendly center offering one-stop information, referral and assistance for mental health and substance abuse needs. It is a collaborative effort of the Health District and the Larimer Center for Mental Health. It is located inside the Larimer Center for Mental Health building at 525 W. Oak St., Fort Collins.

Connections may provide:

- Needs assessments
- Information on and referral to mental health and substance abuse resources
- Referrals to affordable services
- Brief intervention
- Crisis intervention
- Care coordination
- Consumer advocacy

Your clients may walk-in (with or without an appointment) Monday through Friday from 8:00 a.m. – 4:00 p.m. and see a Mental Health Specialist. Or they can call us at (970) 221-5551 Monday through Friday, 8:00 a.m. – 5:00 p.m.

To learn more about Connections and when to refer your clients to Connections, please contact Dee Colombini, Connections Coordinator, by phone at (970) 494-4372 or by email at dcolombini@healthdistrict.org.

**May is Mental
Health Awareness
Month!**



• c o n n e c t i o n s •

mental health & substance abuse resources

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If you wish to be removed from the *Connections* mailing list, your address is wrong, or you would like to receive the publication via email, contact Carrie Husted at chusted@healthdistrict.org or call 970-494-4370.